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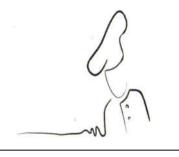
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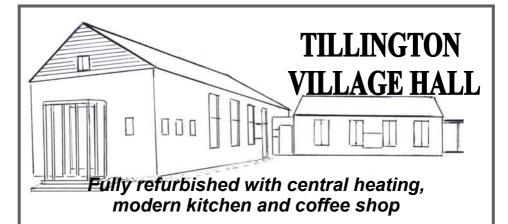
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EDITORIAL

Summer is here and (dare we say) life in the Three Parishes is now for many getting back into a rhythm, in a similar vein to that lived before the disruption caused by the pandemic. We report inside on last month's get-togethers and fund-raising events and look forward with excitement to the forthcoming Platinum Jubilee celebrations.

It is hoped that as many villagers as possible will join together to celebrate our long-serving, much admired Queen at what promise to be fun-packed events organised for the Jubilee holiday. In the meantime, Her Majesty's Tillington stand-in has tried to encapsulate just what our Queen has meant to us as a nation and individually. As part of your own celebrations, why not try our Jubilee recipe — Coronation Chicken with Long Reign Rice! And please don't forget to participate in the Tillington Jubilee Art Project.

With celebrations in the air, we will all still be mindful of the heavier side of life in these times, including the cost-of-living crisis and the war raging to the east. At the time of writing Tillington is expecting to be welcoming a family from Ukraine (see page 12). We wish them times of joy in our special rural community.

We hope you enjoy this month's magazine. And let's celebrate!

FROM THE REGISTERS

St Mary the Virgin Church, Upwaltham

Wedding: 7 May 2022 Georgina Storey and Jerome Orchard

All Hallows Church Tillington

Weddings: 7 May 2022 Polly Barder and Andrew Boyce

27 May 2022 India Clevely and Charles Agar

Funeral: 16 May 2022 Gerald Castle

FROM ALL HALLOWS

Seventy years ago, the Princess Elizabeth and The Duke of Edinburgh were undertaking a major African tour. They had enjoyed a few days of peace and quiet, staying in Treetops in the Aberdare National Park, some 60 miles north of Nairobi, no doubt fascinated by the wildlife.

King George VI had waved them off from the airport and seemed to have been in better health than had recently been the case. But, soon afterwards, he died in his sleep, aged 56 years. Communications were basic, particularly in Africa, but the 21-year-old Princess guarded her grief and said the following:

I declare before you all that my whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong.

As we approach the Platinum Jubilee Bank Holiday weekend, we might reflect that Her Majesty's commitment to public service has been magnificently fulfilled. I recently read that some 1,458 public events and 1,775 street parties or private events have been registered to take place in the period 2-5 June. Doubtless there are unregistered events, too, so it promises to be an extraordinary celebration. Our own villages are part of those plans, and you can read more about local Jubilee events elsewhere in the magazine. Our Pentecost church services on 5 June will not only celebrate the coming of the Holy Spirit in wind and flame; we shall also, of course, give thanks for Her Majesty's 70 faithful years as Queen.

We warmly welcome the Ukrainian families who have arrived in our villages. They must be experiencing such mixed emotions, with trauma, loss and worry intertwined with gratitude and relief. Thank you to everyone in our villages who has offered support of any kind. We look forward to getting to know our new friends but must also recognise that they need some space and time to adjust and settle.

It is a great joy to be officiating at so many weddings this summer. The weather was superb for the four early May weddings on my patch, but the low rainfall since March is an ongoing concern for our farmers.

Putin's despicable war is impacting on the world in unexpected ways. We now understand how dependent we are on imported Ukrainian sunflower oil and flour, for example. Tragically, as I write, stocks of grain are spoiling or burning in warehouses close to the Black Sea. Isaiah chapter 2, verse 4 states that God 'shall judge between the nations, and shall arbitrate for many peoples', adding

. . . they shall beat their swords into ploughshares, and their spears into pruning-hooks; nation shall not lift up sword against nation, neither shall they learn war any more.

Amen to that. We are staring at a global food-shortage disaster that will affect the world's poorest countries disproportionately. So, at this time of joyous national celebrations, please consider sending up a prayer for the success of diplomacy and a

peaceful resolution to the conflict in Ukraine.

In friendship, David

NOTICE BOARD

Send your notices to 3parishesmagazine@gmail.com, headed Notice Board. The Tillington and Duncton Facebook pages have proved useful for some of us - use these as well.

Office chair offered—free! Could possibly deliver. Phone 07545 347242 Phil.



HEARTSMART WALKS

Wednesday 22nd June – 6pm – Tillington – River Rother *Evening Walk* Leader: Gerald

Duration: 1.5 hours. **Distance:** 3 miles. Via the new Permissive Path. Perfect summer stroll! Come and enjoy a gentle circular walk down to the River Rother. Beautiful river setting.

Meet: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF.

SU963 220. What3Words: Endearing.then.challenge

By Car: 1 mile west from Petworth on A272, then, in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road.

By Bus: No.1 from Worthing to Midhurst. Contact Gerald on 07748 597 568 if uncertain. Dogs welcome

Thursday 30th June, 10.30– **noon**. Tillington River Walk. This is the same walk as on Wednesday 22nd but at 10.30am and daytime, not evening!

TILLINGTON MEN'S BREAKFAST

Saturday, June 4th

The Men's Breakfast speaker for June will be James Griffiths, who is a film director with Disney Films and his subject will be "Anatomy of a Screen—script to screen".

Appropriately, as it is the Queen's Jubilee weekend, James will tell us about how lucky he has been to be in her presence a number of times.

Tillington Village Hall. 8.15am for 8.30. £7. All men welcome.

TILLINGTON

CELEBRATES THE QUEEN'S PLATINUM JUBILEE
THURSDAY, 2nd JUNE 2022
from 6 pm (Free Entry)
TILLINGTON RECREATION GROUND
DOG RACE EVENT (6.30 pm - see below)
LIGHTING OF THE JUBILEE BEACON (9.45 pm)
FIREWORKS FINALE

DUNCTON

CELEBRATES THE QUEEN'S PLATINUM JUBILEE SUNDAY 5th 2022 at THE CRICKETERS FROM 1PM TILL LATE! DETAILS ON PAGE 29

UPWALTHAM

CELEBRATES THE QUEEN'S PLATINUM JUBILEE
THURSDAY 2ND JUNE at 9.45pm
LIGHTING OF THE DUNCTON DOWN BEACON
Arrive early to walk up to the Beacon site.

Tillington Celebrations start at 6.30pm with a Dog Derby in 3 parts:

- The dog who most resembles its owner
- The dog with the waggiest tail
- Dog race over 'The Rec'

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If you would like to enter your dog and so we get an idea of numbers and likely general chaos, please email Paul de Zulueta paulgdezulueta@gmail.com (with your name and that of your dog)



UKRAINIAN GUESTS

All of us were shattered by the aggression and effrontery of the Russian invasion of Ukraine in February. Our hearts were heavy with the violence and dis-



tress we saw on our screens. But our lives weren't shattered as those whose homes were bombed by the advancing army. We all felt shocked and wanted to do something to help.

A group from the wider Tillington community gathered and planned how to offer shelter to a Ukrainian family under the Homes for Ukrainians scheme. There was a great sense of cohesion, generosity and enthusiasm. At the same time we realised we had everything to learn about the process. This would involve caring for some very traumatised people, whose future was entirely uncertain. It wasn't a quick fix—we have to be ready to care for them for at least a year.

However, huge support and "know-how" was out there for us, particularly through a trio of volunteers who matched fleeing Ukrainians with those offering homes; advised on Visa applications and gathered hosts together on a WhatsApp group to share information, experience and support. Sarah, Kate and Jonathan have been a Godsend to many.

Thanks to the Leconfield Estate, we had available to us the cottage used by Rev'd David Crook as his office and a meeting-place used by the church. He generously vacated it and a team have been preparing it for occupation by a family. Finding the right family for the location for the space available was the next challenge. New skills with Google Translate, getting to grips with the Ukrainian alphabet and swapping information with hosts who already had Ukrainian guests kept us very busy... was a rural village right for these people? We wanted them to thrive.

Our family, Olga and Sofia, lost everything when a Russian shell destroyed their flat, a mere 4 months after Olga had bought it after years of saving up. They simply ran. It is hard to imagine such a thing, and yet it continues.

The wonderful support group in Tillington considered what their needs might be and what help would be needed to get them back on their feet again. A fundraising group circulated the community and the response has been incredible. Enough to equip them with new belongings, clothing, and to support them until they can see a future ahead of them. One of their primary needs is to learn

English. A small group in the village who have the skills are eager to help. Some people are gathering beds, furniture and linen, others are cleaning, others equipping the kitchen for a mum and daughter who love to cook. Some are ready to lend a hand with the admin of modern life, SIM cards, bank accounts, a National Insurance number, and more. Navigating these systems without English and support would be a nightmare. Then, when she is ready, and it may take quite a while, Sofia will head to school and Olga will look for work to hone her English skills.

The local authority, WSCC, are being very supportive and doing their best to ensure the safeguarding and well-being of all these vulnerable people.

This is an adventure that neither of them wanted. They were happy with friends, school life, career and their own culture ... the music, the food, the stories, their way of being. They have been catapulted into a new world (as so many have before them, through the ravages of war) and it is for us to welcome them gently, thinking of their huge losses as well as their good fortune in being part of the Tillington family. In their hearts they are so grateful for the love, care and being safe, but they may be overwhelmed by the fears and concerns they have for those they have left behind. We will all have to be very sensitive as we hold out our hands of friendship.

Laskavo prosymo welcome!

CAKES CAKES CAKES

PRODUCE AND PRODUCE



PLANTS AND MORE



<u>SATURDAY 25TH JUNE</u>

TILLINGTON

A really huge bring and buy stall is being held on Saturday June 25th to raise money for our lovely Ukrainians. Please come and bring and come and buy. It will be outside the pub and opposite the church. A card reader will be available.

Please bring your cakes and produce on the day. Contact Carmen 01798 344 777 or Sheila Davis 01798 343 351

NEWCOMERS' OPEN DAY

After three years without a Newcomers' Open Day, due to Covid restrictions, we were able to welcome newcomers to say hello to their existing and new neighbours

As it was a fine afternoon, people were able to come into the Church Cottage garden, which has a good lawn with plenty of room to mingle.

Of the 51 new households invited, about half came, with a few dropping in for tea and cake in the earlier part of the afternoon, and the majority opting for a glass of wine for the later part.

There was a great buzz of conversation, and many new connections were made which will pay off over the years in friendship. Our Vicar David was able to stay the whole time and meet his new parishioners.

Thanks to the neighbours who donated the wine, as well as to the cooks for the cakes provided.

We hope that all will enjoy life in Tillington and we look forward to meeting you at our village events.

Gerald GC on behalf of All Hallows Church

Information on Household Waste Recycling Sites. In other words, "Rubbish Tips"; opening times information for all, not just newcomers, but by popular request!

These are summer opening times which will change on 1st October.

Billingshurst is closed on Fridays, otherwise open 9am — 4pm Telephone 01403 785614

Chichester is open everyday between 9am and 6pm.

Telephone 01243 787300

Midhurst is closed Tuesday and Wednesday, open 9am — 4pm Telephone 01730 817949

You may be asked to show proof of residency in West Sussex, you may need a permit for a van, etc If in doubt, phone ahead!

What do you call a steak that's been knighted by the queen? Sir Loin.

NEWCOMERS TO TILLINGTON

Moving from a much loved family home of over 30 years is always going to be a big change but we couldn't have asked for a more welcoming village. As we unlocked our new front door on day one, the first of the welcome committee, popped her shiny black nose around the corner and, with lots of enthusiasm and a very waggy tail, Penny greeted us warmly with Angela following swiftly after her. The next thing we knew there was a lovely and very generous bottle of bubbles on our doorstep accompanied by a copy of the parish magazine. As anyone who has ever lived in a countryside village knows, the parish mag is an invaluable source of essential information and so not only did this provide us with useful local knowledge but on reading it we immediately noticed and enjoyed the gentle sense of humour and relaxed tone of this publication.

We had heard, prior to moving to Tillington, about the famous Wednesday coffee mornings in the Village Hall. Apparently, 'EVERYONE goes' so we went to explore and again found the warmest of welcomes alongside some excellent cake! It was a great way to meet lots of new faces. I also dipped my toe into the wonderfully creative Wednesday morning art group which I thoroughly enjoyed. Sadly, my life is currently too chaotic to commit to this group, but I hope to be able to re-join once life has settled down a bit.

As everyone who lives here will know, the village is beautiful. The views from the playing fields are truly spectacular and we have made good use of the play equipment when our grandson (2 and a half years old) visits. Will has joined the tennis club and very much enjoyed getting back into playing and we have both taken advantage of the excellent pub – lovely to be in walking distance!

Having Petworth Park on one's doorstep is such a joy. Previously we visited the Park as an occasional treat or when passing by this way but to be able to walk amongst the beautiful, gnarly, ancient trees as well as all the deer and the Capability Brown landscape on an almost daily basis is a real treat. I grew up in London and it reminds me of Richmond Park but with far less people and no traffic — blissful!

The 'drinks' at Church Cottage put on to welcome the newcomers to the village was not only excellent for meeting more people (please forgive me if I don't remember your name when we next meet.....there are a lot of new names to try and remember!) but also made us realise just how many people have moved into the village in the last couple of years. We are new but not quite the newest and of course we are all very keen to welcome our next newcomers from Ukraine. I know from our experience that they will feel the warm hand of friendship of the village.

I also just want to thank everyone but in particular our long suffering neighbours who are putting up with the noise and mess of our builders every day. I hope by the time you read this they will be finished (the first phase at least!) and we can all enjoy a more peaceful bank holiday weekend. We are very much looking forward to celebrating the Jubilee with what I hope we can call our new friends!

Will and Harriet Wilson.

FOOD SUSTAINABILITY

Food is a central part of everyday life. Forming the basis of livelihoods, playing a fundamental role in our culture and identity, and being prominent in family traditions and childhood memories, it is essential for human health and being both physically and mentally. The food industry however, much like the fashion industry, is so often in the spotlight for its apathy regarding sustainability. One of the top 5 most polluting global industries, it encompasses so many different systems and processes that vary in harm caused, and, in this article, I will seek to shed light on the sustainability of the food we eat from field to plate!

Stage 1 is **food production**. The majority of both the plants and meat consumed by humans are the outcome of mass production agriculture techniques. Within this are 5 key areas of concern.

- Land The basis of our food systems is land; however, food production processes contribute to the degradation and pollution of much of it. A common example is the Amazonian deforestation for the purpose of cattle grazing and soy-production. Not only is this problematic for the global carbon systems but also biodiversity rates are plummeting as animal habitats get destroyed.
- **Water** Food production is obviously reliant on water –an estimated 70% of all extracted fresh water is used for agriculture alone. This is not sustainable, however, as climate change progresses and water scarcity and droughts become an all-too-common reality for parts of the world.
- Chemicals Food production has been revolutionised using pesticides. Ensuring bountiful harvests, warding off 'pests', and increasing yields are just a few of the justifications for use. Initially unregulated their use has come under recent scrutiny due to their negative environmental and health impacts. Polluting ground water supplies and preventing natural pollination processes are two significant consequences.
- **Energy** –Different food requires different energy quantities to produce it and most food production is run primarily on fossil fuels (machinery uses petrol for example) The by-product is greenhouse gas emissions contributing to global warming!
- People As a social sustainability enthusiast I always like to consider the humanist view of an environmental issue and the social sustainability element of food production is often overlooked. Agricultural workers, especially those in developing nations, are often subject to labour exploitation. Poor or unsafe working conditions, lack of rights and low pay are common in this industry both at home and abroad often hitting the most vulnerable communities, like migrant workers, the hardest.

Stage 2 is food transportation and global distribution. All food makes a journey from the site of production or growth to your plate. How far it goes and how it gets there and what it is packaged in to keep fresh, all pose sustainability issues. The modes of transport commonly used (plane, boat, and lorry) require energy and as mentioned above this contributes significantly to global warming – how far food goes, often referred to as food miles, dictates the quantity of these emissions. Furthermore, the excessive single use plastic packaging used for its practicality and cost, ends up in landfill and pollutes land and sea due to its lack of biodegradability.

Stage 3 is the acquiring and eating and this part is mostly problematic due to excessive consumption typical in the western world. As nations develop and individuals find themselves with greater incomes naturally their consumption of goods and services increases. This is certainly the case with food; however, this poses a sustainability risk as we now consume much more than before and a greater variety. The globalisation of food production means we in the UK now have access to a dizzying variety of produce regardless of season or climate. Foods are grown and transported as demand dictates and the demand is ever rising, exacerbating current degradation from production methods.

Not only are we consuming more but we are also wasting more with over a third of food produce going to waste globally.

So, what as a consumer can you do to help? Here are 3 tips:-

<u>Buy local and seasonal</u> – trying (when possible) to buy from local producers, especially when it comes to meat, means fewer food miles and less carbon emissions. Similarly sticking to seasonal produce reduces demand for out of season produce to be transported. Both also have the by-product of boosting the local economy (a win-win!)

<u>Buy less meat</u> – reducing your consumption of animal products, be that meat or dairy reduces your carbon footprint significantly – red meat especially so! If going full veggie feels too challenging perhaps trying the Meat Free Monday's movement! (https://meatfreemondays.com/)

<u>Buy organic</u> – choosing produce that is grown without pesticides and chemicals.

<u>Don't stress</u> – Finally, don't worry if this feels overwhelming. Food sustainability is a minefield and with so many sustainable considerations and such little industry transparency it can be difficult to work out what the best option is a lot of the time. Corporations are deceptive and it would take far too long for most people to research each shopping list item for a single meal let alone a weekly shop. Just by making a few adjustments to your diet can make a big difference and shifting consumption patterns is a major way of creating change in production patterns!

Amy Millar

SUSTAINABILITY IN TILLINGTON—LOCAL RESPONSE

Helping the planet is no longer something we can leave to other people.

We are all encouraged to do as much as we reasonably can to work towards a more sustainable world. We can do this on an individual, household, community or national level. This runs across 4 main issues: climate change; recycling; biodiversity; environment.

Tillington Parish Council is now launching a major project to enable these things to be improved at a community level. This will start very simply, and only develop in line with our ability and enthusiasm.

It is easy to be 'too busy' to get involved, but please look at it as a once in a lifetime chance to make a real, local difference for our generation and the ones that follow. If you can, please sign up as a participating household.

Principles

- 1. We are part of the solution, not the problem
- 2. Limited, measurable and achievable
- 3. Involvement of as many people as possible
- 4. Communication both ways, including brand new parish website.

What is involved?

What your parish council will do

- Give regular guidance on renewable energy options and grants available
- Give simple guidance on recycling, and then increase community facilities
- Improve the play area on the rec, and the footpaths, to help people enjoy the outdoors
- Help on accessing grants for loft insulation, especially for the elderly
- Drive an initiative on rain water tanks for toilet flushing etc
- Run quarterly training evenings in the village hall on different sustainability themes
- Campaign for better bus services, to help get fewer cars on the road
- Get a minimum of one electric car charging point by the village hall What you can do to help
- Join the project by signing on www.tillington.net contact page.
- Ensure that your own household is as sustainable as possible
- Support pollinators by agreeing not to mow lawns in the month of May ('No Mow May') and plant bee-friendly plants where possible
- Put up a swift, bat or own nesting box, or an insect house, near your house
- Commit to joining a (two hour) litter picking party or footpath maintenance party each quarter to help improve our local environment

Help us become a more sustainable village, by offering your sustainability recommendations and expertise to the council by signing up.

TILLINGTON PARISH COUNCIL

REFLECTIONS ON THE QUEEN'S REIGN

Coronation Day dawned on June 2nd 1953, I was 12 years old, and although the weather was gloomy, excitement was intense. My father was at work and my mother and brother had seats overlooking the coronation route so I was happily at home surrounded by friends and neighbours enjoying the bounty of our new television set! As a memento I was given a miniature version of the Coronation Coach - what a pity I didn't keep it safely!

Princess Elizabeth married Prince Philip in 1947 and over the years has seen peace, wars and conflict. Her faith through personal tragedy has given her strength and comfort. Throughout all she has remained a rock and example to her people. From her journey in the Coronation Coach on 2nd June to the present day, her loyalty and love of her people has shone through.

Despite her title she is a mother, grandmother and great grandmother and this is apparent in her everyday life despite the onerous duties which must seem irksome at times. I wonder if meeting other royals is a bore; how many prime ministers become a tedium; or how many bouquets of flowers make you wilt? She must have inspected thousands of troops, admired countless works of art and chatted with interest to professors, professionals and enthusiasts. I am sure some of the state visits and diplomatic duties filled her with dread on many occasions. We must all have memories of her Trooping the Colour, broadcasting her Christmas message, attending Royal Variety Performances and many other events. I understand she has clever signals to indicate boredom level when she needs to be rescued by a lady-in-waiting! How unselfishly she has carried out her duties, on many occasions I am sure she would rather have been out riding or chilling out with a good book!

Sadly the Queen has never been able to make a personal visit to Tillington but, nothing daunted, she does have a deputy bearing a remarkable likeness. An incredibly lifelike mask and blue dress with matching handbag (thank you, Lee) has enabled a Royal Opening of many events, such as Christmas Fairs and other Jubilee celebrations. My respect and admiration knows no bounds!

I have happy memories of visits to Buckingham Palace and enjoying the exhibitions that have been put on over the years - particular favourites were the royal toys and the wedding presents - many of which were unused! One memorable visit included a friend with mobility problems. To avoid a difficult exit we were taken by a buggy to the front gates - where tourists were taking photos in the mistaken belief we were famous!

Queen Elizabeth has ruled longer than any other Monarch in British History and thus we celebrate her Jubilee and her 70 years of loyal service. When she was 21 she said "I declare before you all that my whole life, whether it be long or short, shall be devoted to your service". She has certainly fulfilled that promise and may God bless her.

Vivienne Blunt

JULIET POLLARD'S DESERT ISLAND DISCS

Juliet is a Health Visitor based in Easeborne. She has lived with her husband Jon, in Tillington for 6 years.



- 1 Bohemian Rhapsody Queen genius.
- **2 Rockollection Laurent Voulzy** From my time in France. Any French person my age would know this long playing single. I would rise to the challenge of learning all the lyrics during my isolation.
- **3 Pachelbel Canon in D Major** I am transcended by this. I first heard it filtering through Covent Garden in my early 20's and decided I did like classical music. Any arrangement would do
- **4 I Saw Her Standing There Beatles.** I never could resist getting out of my seat to dance to this and would hope it had the same effect on my island.
- 5 Que Sera Mi Vida- The Gibson Brothers To energise me
- **6 Love Lies Bleeding -Elton John-** an emotional rollercoaster of a song instrumentally and lyrically.
- 7 Big When I was little -Eliza Doolittle My recent discovery which gives a dose of nostalgia
- **8 Hallelujah Milk and Honey's Gali Atari** The Eurovision lockdown revived this from the deserted streets of Jerusalem. I found it profoundly uplifting. Kitch perhaps but I want it with me on repeat.

My Book- The Magus by John Fowles, I have wanted to re-read it for decades. It would be such a diverting companion for days.

My Luxury

Molton Brown Wondrous Myrrh hand soap. Hard to find these days but heavenly. I would still hope to smell nice in the heat.

My brother is too scared to attend the jubilee celebrations, he's a coronation chicken

GHOST MOTH BY MICHAEL BLENCOWE OF THE SUSSEX WILDLIFE TRUST

A few years ago, as the sun set over the South Downs, I was wandering through a wood on a twilight hike. Through the trees I noticed about a dozen figures decked out in brilliant white gathering in a small clearing. I hit the floor and, buried amongst the bracken, watched as other white figures joined them. Each individual slowly started swaying, swinging hypnotically like a pendulum suspended on an invisible wire. The whole silent scene felt eerie, otherworldly, ancient. I was spellbound and barely breathing, scared I would be discovered and this mesmerising performance would end. As some of the figures swung fixed to their stations, others oscillated wildly, whirling and crashing into each other. The light was fading fast and as my surroundings dissolved into shadow the swaying white figures seemed luminous against the gloom. Then, as the full moon rose and illuminated the glade, the action slowed, the figures retreated and I was left alone in the gloaming.

The ritual I had witnessed was the dance of the Ghost Moths: elaborate courtship behaviour performed by the males on warm summer evenings across Sussex. That moonlit glade had been temporarily transformed into a miniature moth disco where these incredible insects pirouetted, pranced, swaggered and strutted in an attempt to attract a female. More 'Saturday Night Fever' than 'The Wicker Man'.

And, like tiny Travoltas, the male Ghost Moths know that to stand out on a crowded dancefloor you need a flashy white suit. Their wings are whiter than white and look as though they have been hand-painted with Tipp-Ex. The female Ghost Moth has a more subdued wardrobe and wears pale yellow wings with elegant orange swirls. Males also have another trick up their sleeve (or in this case their trouser legs). Their hind legs contain furry scent-brushes, which release pheromones into the air like an overpowering aphrodisiac. Once the ladies are lured, it's the individual moth's dancing which seals the deal. It can be murder on the dancefloor and scuffles start as the males try to assert their positions. It's a behaviour known as lekking and the dominant dancers will lead a lucky lady of the lek into the surrounding shadows.

In days gone by the moth's mysterious, ethereal waltz was interpreted as something supernatural and it has been suggested that the dance of the Ghost Moth gave rise to local legends of fairies and Will-O'The-Wisps. If anything, the reality is just as magical and spellbinding to watch.

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife. We rely on the support of our members to help protect our rich natural heritage.

LORD EGREMONT OPENS TILLINGTON'S NEW FOOT PATH



Lord Egremont opened our new Tillington Permissive Path on Thursday May 5th. Watched by 40 onlookers he cut the tape at the start of the new path near Coxsland Cottages in Coxsland Lane, with refreshments served afterwards.

This saw the reinstatement of a path shown in a 1901 map but not registered in 1949 for the Definitive Map of Rights of Way. Lord Egremont and the Leconfield Estate agreed to allow the path to be a new Permissive Path. It runs from Coxsland Cottages, between the reservoir and the sewage works to join up with the path to the river.

A Permissive Path is a legal agreement between landowners (in this case the Leconfield Estate) & the County Council to allow the public to walk on their land.

The Estate and Lord Egremont have most generously given us a 10 Year Agreement, at the end of which it can either be renewed or the land reverts to the owners. The only restriction is that for one day a year – in our case the first Monday of February - the path is out of bounds.

It will be much used as a quicker route to the river and over the bridge to the Badgers!

FOOT PATH REPORT

Please continue to enjoy the remaining 16.2 miles of Tillington's Footpaths, described by one visitor as our "lovely and wonderful paths".

Generally our footpaths are in very good order, and the few complaints I receive involve summer vegetation infringing ontthe paths. I now try to anticipate these by notifying the landowner in advance to keep an eye on their path(s). The WSCC Summer Clearance programme, which clears the excess vegetation, takes place only once a year, usually in August, when the protruding vegetation has been in place some weeks. Thus the paths need to be cleared more than once by their owners.

The Parish Council has appointed Jo Clevely to assist me as footpath warden, in the north of the Parish – Upperton and River, and Andrina Lunt for the south to the river boundary.

A running concern is the three Applications by the Sussex Don't Lose Your Way campaign to turn three routes into BOATs - - Byway Open To All Traffic. These applications are causing great concern as, if approved, it will mean that quad bikes and motor bikes have a right of passage.

The three routes are Jane's Lane in River; Willetts Lane in Upperton, and Hungers Lane leading to the river from the A272. Letters and submissions opposing these BOATS have been sent by me, the Leconfield Estate and others to WSCC. Further letters of opposition are requested – details from me.

This year's inspection of all paths for WSCC during April involves sorting the problems into categories of High, Medium & Low depending on their severity.

The number of problem categories this year was:-

Highs -5; Mediums -15; Lows -6.

'Highs' are trees across path, broken stiles and signposts etc.; 'mediums' are less serious where paths are still usable and 'lows' are even lesser priorities.

To my delight most of these High & Medium problems will be fixed in the next month. Inspections also now involve checking on Ash Die-Back, as well as the condition of all bridges on the footpaths. We have seven bridges across streams, with one over a culvert. We are fortunate to have over a mile of disabled access paths around Pitshill House.

Thank you to those who report to me problems during the year. Please continue to report any problems to me.

I have put into our former Telephone Box— now the local information centre - near the Horse Guards, details of three local walks starting from the Horse Guards. Please take a copy with you and enjoy the walks. Don't let it be just the visitors who enjoy them!

Gerald -GC Footpath Warden 01798 342151

GARDEN NOTES

With so much rain after no rain for two months, it has been excellent for roses, (hope they were sprayed twice in April), and the blossom on the fruit trees seems to have set well with, dare I say it, no frost or excessive wind. The fruit trees need their buds thinned – apples especially to one or two fruits per cluster, plums to 5-8cm apart and peaches 20-25cm apart. Squirrels are a pest with our fruit, and we have found netting the whole tree is no deterrent.

After fruiting, cut gooseberries back to five leaves of the current season's growth, except for branches needed to enlarge the plant. Don't prune blackcurrants until the autumn when you remove old stems, leaving the new. Vegetables can still be sown and it's a good time to continue to plant beetroot, carrots, courgettes, beans, lettuces, pak choi, peas, pumpkins, radishes, winter brassicas. The seedlings should have been planted by now. Leeks should be no more than pencil thickness and brassica crops should have five to seven true leaves. With leeks, make a 15cm hole, dip the leek in water to aid entry into the hole, and water carefully around the plant, allowing some soil to accumulate round the roots.

Although the garden is a good 10 days ahead this year, it is still not too late for the Chelsea Chop on plants such as catmint (v. important), *phlox*, long stemmed daisies, *sedums* (if left their stems fall leaving the centre of the plant bare in late summer), *echinacea*,

Artemisia, helianthus, alchemilla mollis, and hardy geraniums. You have to wait a bit for the flowers, but all will be much sturdier. Remember the dahlias need strong stakes now, keep chives trimmed, and cut back *Trachelospermum jasminoide* before July to stop the new growth getting too long. Trim box, but avoid very hot weather or very wet weather, as the box moth seems to be attracted to these extremes, always foliar feed a few days after cutting. Dahlias must be supported with good strong stakes now. Feed roses with a seaweed fertiliser, which is especially good for the roots. It is said any plant that is strong and healthy helps fend off diseases.

Don't forget the plastic bag trick to control bindweed, untwine it into a bag and spray with weedkiller, then leave it. Containers need an extra liquid feed, and inspect your plants for pests and diseases, eg. aphids, slugs, beetles, mould, lily beetle. Spray or keep removing by hand.

Cut back spring flowering shrubs and it is a good time to propagate climbers and lax stemmed shrubs, eg. *philadelphus*, *wistaria*, *akeba and lonicera*. Peg the runners on the ground, you will be amazed what happens!

Enjoy the fruits of your labour and for those who knew him, let's remember Gerry Castle and the lovely garden he had for so many years.

PETWORTH SECRET GARDEN TRAIL

Sunday 19th June 2022, 12pm - 6pm

Discover an amazing world of wonderful secret gardens across Petworth!

From large country gardens with sweeping vistas to exquisite courtyard gardens, there will be something for everyone!

Tasty refreshments will be available along the trail.

Buy Tickets £7.50 / £5 conc / under 12s Free

Online: tinyurl.com/SecretGardens22

Buy in Advance: 28th May - Petworth Farmers Market at the Petworth

Community Garden Stall

On Day: Petworth Community Garden / Leconfield Hall

All proceeds support Petworth Community Garden www.growingforall.org.uk

All Hallows, Tillington, Breakfast Church

Come and Celebrate Our Faithful Queen. On Sunday June 5th



10.30 Bacon butties; 11.00 Service begins Queen's Jubilee Thanksgiving

Why couldn't Cleopatra accept Mark Anthony's death? She was the queen of denial.

TILLINGTON, DUNCTON AND UPWALTHAM CHURCH SERVICES DURING JUNE 2022

	All Hallows Church, Tillington	Holy Trinity Church, Duncton	St Mary's Church, Upwaltham		
Wednesday	BCP Holy				
1 June	Communion at 10am				
Pentecost	Breakfast Church				
Sunday,	10.30am /All-Age				
5 June	Service at 11am				
Trinity Sunday,	Parish Communion	Patronal Festival			
12 June	at 9.30am	Parish Commun- ion at 11am			
Wednesday	BCP Holy Communion				
15 June	at 10am				
First Sunday	BCP Holy Communion		Platinum		
after Trinity,	at 9.30am		Jubilee		
19 June			Service at		
			11.30am		
	Five-Parish Evening Prayer online via Zoom at 6pm.				
	Please contact David to register for his weekly email with				
	Zoom links.				
Second Sunday	Morning Prayer and	BCP Holy			
after Trinity,	Praise at 9.30am	Communion at			
26 June		10.30am			
Third Sunday	Breakfast Church				
after Trinity,	9.45am/All-Age Service				
3 July	at 10.15am				
Wednesday 6 July	No service				

Additional services in our group during June:

- 5 June: 9.30am Pentecost and Platinum Jubilee Parish Communion at Fittleworth; 11am Jubilee Service at Stopham
- **12 June**: 8am BCP Holy Communion at Fittleworth; 9,45am (breakfast) for 10.15am All-Age Service at Fittleworth; 6pm BCP Evensong at Stopham
- 19 June: 9.30am Parish Communion at Fittleworth; 11am BCP Holy Communion at Stopham
- 26 June: No service at Fittleworth; 11am BCP Matins at Stopham
- **3 July:** 9.30am Parish Communion at Fittleworth; 11am BCP Holy Communion at Stopham

David Crook, Priest-in-Charge (david.crook15@btinternet.com; 01798 865473)

Kids Pages

What does a cow call Queen Elizabeth? Your moo-jesty Knock Knock.
Who's there?
Queen?
Queen who?
Queen your room, it's a
mess.

Where does Queen Elizabeth keep her

When is a piece of wood like the Queen? When it is a ruler

What is the first thing Queen Elizabeth did when she came to the throne? She sat down. What do you call the Queen when she climbs up a ladder? Your highness You may already have some Ukrainians at school with you and if not, you probably will soon. Here are a few words which you can learn to make them feel more at home.

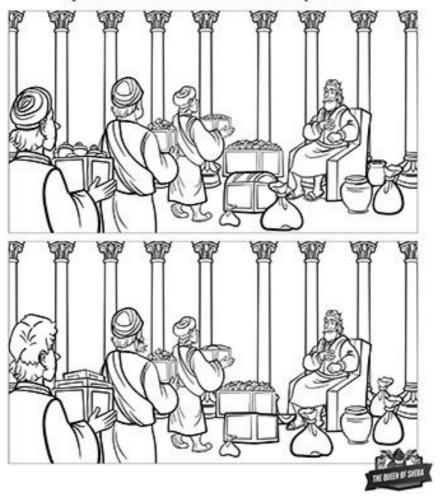
Ukrainianlessons.com is the website where you can listen to the words spoken by a Ukrainian.

Будь л <mark>а</mark> ска	buď laska –	Please
Д <mark>я</mark> кую	d'akuju=	thank you
Прошу	proshu –	You're welcome
Нема за що	nema za shcho –	Don't mention it
Д <mark>о</mark> брий день	dobryj den =	hello
Як справи?	jak spr <mark>a</mark> vy=	How are you?
Д <mark>у</mark> же д <mark>о</mark> бре	duzhe dobre=	Very good
Так	tak =	Yes
Hi	ni=	No
До поб <mark>а</mark> чення	do pob <mark>a</mark> chen' =	Good bye!
Па-п <mark>а</mark>	pa-p <mark>a</mark> =	Bye!
Як вас звати?	jak vas zvaty	What is your name?



THE QUEEN OF SHEBA

Spot 8 differences between the two pictures.



The Qheen of Sheba is a figure first mentioned in the Hebrew Bible. In the original story, she brings a caravan of valuable gifts for the Israelite King Solomon. This account has undergone extensive Jewish, Islamic and Ethiopian elaborations, and it has become the subject of one of the most widespread and fertile cycles of legends in the Middle East. [1] Modern historians identify Sheba with the South Arabian kingdom of Saba in present-day Yemen

Colouring page of our Queen Elizabeth for you



Elizabeth Alexandra Mary is known as Queen Elizabeth II. She is the daughter of King George VI, and was born in London on April 21, 1926. She is the queen of Great Britain and Northern Ireland. She was crowned on June 2, 1953.

TILLINGTON SIDESPEOPLE AND READERS' ROTAS JUNE, JULY AND AUGUST 2022

DATE	TIME	SERVICE	SIDESPEO- PLE	READERS
June 5th	10.30 for 11 am	Pentecost and Plati- num Jubilee Breakfast Church 10.30 am/All Age Service 11 am	TEAM	TEAM
June 12th	9.30 am	Parish Communion	Mr and Mrs Fergusson	Mrs Fergusson
June 19th	9.30 am	BCP Holy Communion	Mr and Mrs Pye	Mr Pye
	6 pm	Zoom Evening Prayer		
June 26th	9.30 am	Morning Prayer and Praise	Mrs Blunt and Mrs Woodhatch	Mrs Blunt
July 3rd	9.45 for 10.15 am	Breakfast Church 9.45 am/All Age Service 10.15 am	TEAM	TEAM
July 10th	9.30 am	Parish Communion	Mr and Mrs Garrow	Mrs Garrow
July 17th	9.30 am	BCP Holy Communion	Mr and Mrs Williams	Mrs Williams
	6 pm	Zoom Evening Prayer		
July 24th	9.30 am	Morning Prayer and Praise	Mrs Graves and Mr Gresham- Cooke	Mr Gresham -Cooke
July 31st		N.B. NO SERVICE at Tillington		
August 7th	11 am	Jesus House Gospel Choir		
August 14th	9.30 am	Parish Communion	Mr and Mrs Fergusson	Mr Fergusson
August 21st	9.30 am	BCP Holy Communion	Mr and Mrs Sneller	Mr Sneller
	6 pm	Zoom Evening Prayer		
August 28th	9.30 am	Morning Prayer and Praise	Mrs Blunt Mrs Woodhatch	Mr Perrow

YOUR SUMMER QUIZ



- 1 Allianz Park is the home ground of which rugby union club side?
- Which sport gained its identity in 1884 when army officer Sir Neville Chamberlain, stationed in India, devised a set of rules?
- Who was the first Brit to win the Tour de France?
- 4 "Maggie Thatcher, can you hear me? Maggie Thatcher ... your boys took a hell of a beating!" Which country beat England in a 1981 football World Cup qualifier for a commentator to famously say this?
- 5 Before Andy Murray, who was the last British tennis player to win a men's Grand Slam tournament title?
- Which 30-year-old mother of two won four gold medals at London's 1948 Summer Olympics, earning her the nickname "the flying housewife"?
- Name the style of jump popularized by the high jump gold medal winner at the 1968 Summer Olympics?
- Which company, that sanctions over 1,500 races, is headquartered in Daytona Beach, Florida?
- 9 The 2022 Commonwealth Games will be held in which British city?

- What did the Iffley Road running track, owned and operated by the University of Oxford, change its name to on the 10th May 2007?
- How many hurdles are there in the men's 110 metres hurdles athletics event?
- Which English football club won the first ever Football League in 1888?
- 13 At which horse racing venue, in 1996, did Frankie Dettori famously win 7 races out of 7?
- 14 How many players make up a Ryder Cup team?
- 15 What is known colloquially as 'the Bible of Cricket'?
- Where will you find the Newlands test cricket ground?
- Which two teams contest the Calcutta Cup and when was it first played?
- Which motor racing circuit is home to the British Formula 1 Grand Prix?
- What five colours make up the Olympic rings?
- What is the maximum break you can achieve in snooker?



Answers on page 33

LETTER FROM LILONGWE AND APPEAL FOR BOOKS

The yellow flowered acacia trees are in bloom along the avenues of Lilongwe, capital of Malawi, the African country formerly known as Nyasaland, until it gained independence from Britain in 1964. This poor but beautiful landlocked country is one of., if not the poorest country in Africa. Two thirds of the population live in extreme poverty trying to scratch a living from sustenance farming.

The Covid-19 pandemic has hit the country hard as the burgeoning tourist industry has all but dried up and the nation's main cash crop, which is tobacco, is suffering from weak and ever decreasing international demand. Whilst the U.K. is Malawi's largest donor and has provided Covid-19 vaccination doses through Covax and seeks to provide what help it can in the fields of healthcare and education, the U.K's cuts in overseas aid have hit programmes in Malawi that were aimed at making the country more resilient to climate change and natural disasters and to create employment.

There is little we can do to help perhaps and there are so many demands tugging at our heartstrings and bank accounts these days but on a recent visit to the Lake Malawi Anglican University, I saw that some 400 students are sharing just 6 computer stations in the library. The University trains teachers and priests. Few of the students will have their own computers and they rely very heavily on the books in the library.

Why, when the needs everywhere are so great, am I asking if anyone can help with some of the books on the Vice Chancellor's list of 15 much needed books? The answer is because we should not forget Africa. The continent is becoming a target of both China and Russia, both of which recognise the importance of Africa's resources. Russia's infamous Wagner Group is well ensconced in Sudan, China almost owns Zambia and Islam is spreading throughout North and West Africa. But Malawi is pro-British. Some three quarters of Malawians are Christian and they are a warm friendly people, part of the Commonwealth and they look to Britain for support. Sadly, little help and support ever arrives.

If anyone is able to sponsor a book for the university, I will act as a "book mule" and hand carry them later this summer when I return to Malawi. It is a small gesture to put together a suitcase full of books but it is a gesture of friendship that will not be forgotten. Please e-mail me if you would like to help and I will send you a copy of the Vice chancellor's first fifteen needed books, which are all for the education department. Some are available second hand on-line. Would love to hear from anyone who is interested in lending support. Contact sue@greenheart.co.uk .

Sue Laker

PETWORTH COTTAGE NURSING HOME (PCNH) NEEDS YOUR HELP

The first patient was admitted to Petworth Cottage Hospital on 20th November 1867 – a young male, aged 13 from Coates, with an injury to his pelvis from an accident and was discharged (healed) early the following February. During the first year of operation, management committee notes show that the



hospital was well supported by the local community with money and other gifts including fruit, books, wine and curiously, some calf's feet (presumably not intended for transplant purposes)! After the Second World War, the hospital was taken into the NHS as a Cottage Hospital but closed in 1969. In 1971, the premises were bought by Jeanne Courtauld and re-opened using cast-off equipment from King Edward VII Hospital.

PCNH exists today as a care home with space for 32 residents covering the spectrum of short-term, long-term, respite and palliative care of the highest standard. We function as a Charity and are non-profit making. The last two years have proved, unsurprisingly, challenging both in terms of running the home and raising funds. Suffice to say the team has risen to the challenge quite marvellously and (touch wood) its residents have remained unscathed by the wretched Covid. Indeed, we have during the pandemic assisted and supported some 40 Residents with their fees, most of whom have lived within the environs of Petworth, thereby fulfilling our responsibilities as a Charity.

The Friends of PCNH are a body of local volunteers who provide additional funds through specific events and collections. These funds contribute towards the cost of essential equipment and non-medical items to improve the comfort & well-being of the patients. Recent fund-raising has provided an interactive TV screen for patients to use, refurbishment of the resident's lounge and installation of a new medication room.

Volunteers have only recently been allowed back in to help support the regular staff with the provision of fresh flowers in public areas, morning coffee for residents and tea & cake in the afternoon. They also support in one other critical way – bringing the outside world into PCNH with news, fresh perspective, a change to daily routine and company. We are particularly keen to welcome new volunteers now.

If you feel that you could help as a volunteer at PCNH, or if you have limited time but would like to help financially or otherwise, please do get in touch with us on 01798 342785 or by e-mail enquiries@pcnh.co.uk.

We very much hope to hear from you.

Ollie Hartley, Chairman

THE LAVINGTON PARK FEDERATION GRAFFHAM CE INFANT AND DUNCTON CE JUNIOR SCHOOL

Already we are in the middle of a thankfully busy Summer Term, and after a more 'subdued' couple of years we once again have lots of summer events and activities planned ...

... not least the Queen's Jubilee, in honour of which we are having a celebration day just before the half-erm holiday, when we will be dressing in red, white and blue, engaging in themed activities all day and enjoying a 'street party' (or rather a playground party!) in the afternoon.

We are looking forward to much-missed traditional Summer Term events, such as our Sports Afternoon and our Summer Performance, both of which take place on our lovely playing field with its spectacular amphitheatre overlooking the Downs.

It's also great that this year (fingers firmly crossed!) Graffham School will be able to welcome September's new school starters for proper familiarisation mornings when they can see what coming to school is like and get to know their teacher and classmates - and that the older Graffham children moving up to join us at Duncton next year will be able to have proper 'transition' visits through the term, getting to know their new learning environment for September.

Find out more about our school – including 'virtual tours' - on our website, at www.graffhamandduncton.w-sussex.sch.uk

TEACHER: Why are you late? STUDENT: Class started before I got here.

TEACHER: Now, Simon, tell me frankly, do you say prayers before eating? SIMON: No sir, I don't have to, my Mum is a good cook.

What's it called when a king and queen have no children?

A receding heir line.

PETWORTH AREA CHURCHES TOGETHER

working together in harmony PACT'S PETWORTH FOOD BANK

Andrew Brooke and Ines Garcia are now running our Food Bank, and the learning process continues! Andrew writes:-

"I am now able to provide you with some more detailed statistics than last time, albeit only up to the end of December as these are the latest figures available at the date of preparing this. The Food Bank year begins on 1st April. Since 1st April 2021, I read that Petworth has "fed" 178 people. I take this to mean that on 178 occasions emergency food boxes have been delivered in the Petworth area. "During the Christmas holidays 62 children received "Kids' Lunch Packs", As ever the success of the operation is down to the dedication of the volunteers, and especially Ellie Crisell, who runs the phone and organises the volunteers, Sara Bennie, who oversees the ordering and collection of food from Chichester warehouse and Lizzie Harvey, who oversees the team who pack it all." Further Enquiries of all Food Bank enquiries - 07501 921 617. Pactpetworth@gmail.com

www.petworthareachurchestogether.com

PETWORTH & DISTRICT OVER 60S CENTRE THE FRIENDSHIP CENTRE –JUNE 2022

We are holding a Jubilee Tea for paid-up members in the Centre on Monday 6 June at 3.00pm. If you have yet to pay your subscription you can bring it on the day but you must sign up on the list in the Centre or ring me on 342942. Transport will be available for those who need it.

Our Bingo sessions this month are on Wednesday 1st and Wednesday 15th June at 2 pm. On 22 June we are holding a Beetle Drive at 2.00 pm, £2.00 to include tea. If this proves to be popular we hope to make it a regular event. The Friendship Centre welcomes refugees from the conflict in Ukraine at any of our sessions and we are opening up on Friday afternoons for English Speaking Skills sessions led by Sally Pattie, booking direct through sally@sallypattie.com

Caroline Stoneman – House Committee Chairman (01798) 342942

Answers to Summer Quiz on page 28 and 29

.747. 02

1. Saracens. 2. Snooker. 3. Bradley Wiggins. 4. Norway. 5. Fred Perry, in 1936. 6.Fanny Blankers-Koen. 7. Fosbury Flop. 8. NASCAR. 9. Birmingham. 10. The Roger Bannister running track. 11. Ten. 12. Preston North End. 13. Ascot. 14. Twelve. 15. The Wisden Cricketers' Almanac. 16. Cape Town, South Africa. 17. Twelve. 15. The Wisden Cricketers' Almanac. 16. Cape Town, South Africa. 17. England and Scotland; 1871. 18. Silverstone. 19. Blue, black, green, red, yellow.

FLIES AND TIES

All change in menswear, some idle thoughts.

Bowler hats went out over a decade ago, and Macassar hair oil long before that. Trilbys and Toppers are rarely seen away from race meetings and weddings. Trouser braces and sock suspenders are now mainly recycled as catapults. Dickie shirt fronts and stiff collars went as laundry skills declined, whist long black overcoats seem only to be worn by undertakers and the doormen at better class city hotels.

But it is ties and flies that now head the race into obsolescence. Apart from at funerals and some smarter special events, men of all ages seldom wear ties anymore, and they are now relegated to gather dust at the back of the clothes cupboard. In these egalitarian times we can no longer know a man's regiment, school, or club by looking at his tie, though his tee shirt may give a clue to his music, football club or gender preference. Or it may simply indicate the stock of the local charity shop.

Whereas ties and hats were always fashion symbols the same is not true of fly buttons, which were much more utilitarian. They had two distinct advantages: loss of one was not a disaster and could always be replaced unlike the zip. In addition, catching one's person in the aperture was much less painful. Perhaps this is the reason that modern expensive and trendy jeans now have the option of buttons again. Then of course the Kilt resolves this problem of choice, and has the added advantage of requiring no undergarment.

The question remains as to what to do with the passé kit? Buttons can always be re-used, but also make excellent ammo for the old sock suspender catapults. Ties can double up as belts, dog leads or garden twine.

But having a flashback to the Remembrance Day parade of Veterans at the Cenotaph, I see there must be a market still for Bowlers, Ties, long black overcoats, and I dare say sock suspenders and fly buttons. Perhaps there is a secret second-hand outfitters in Whitehall.

Idle thoughts while I try to make my zip work... and understand why MenSwear.

Anon.

<u>THE GRUMPY OLD GITS CLUB – DUNCTON – A BRIEF HISTORY.</u>

About five years ago I had an idea – what better than a few grumpy old men meeting once a month for a good old moan! After all, a friend of mine had a similar thing in Bedfordshire – they met once a month over a few beers, and it worked well. But this was going to be different - lets eat, have a few beers and have a good old moan about all things politically incorrect, and general issues that we could do nothing about other than moan!

So, the seed was sown!! We now have a good following, and further membership is on pause as we have a full house. Although membership was supposed to be just Duncton, we have allowed a few equally grumpy men from Tillington to join, as long as they have a current passport!

All members have to agree the vital credentials - 1. Things aren't what they used to be 2. They never will be again 3. Does it matter!!

We now have a special place at the Cricketers , Duncton. Ruth always has a space for us, and I have a special sign for reservation of the table – a slate with the words' Grumpy old men meet here regularly'

It not all Grumpiness – it is also looking out for others. We have had lovely things from the lunches.

We have had collections for Ukraine to support Tillington, and also a lunch at Bens Cottage to support Breast Cancer care.

So there we are - Grumpy Old Men can be of use! Nigel Clifford



CORONATION CHICKEN

AND LONG REIGN (LONG GRAIN) RICE SALAD

CORONATION CHICKEN

Ingredients: 1 chicken, Greek yoghurt, Hellman's light mayonnaise, curry powder and apricot jam.

Method. Cook chicken and remove all the flesh put into bowl in bite size pieces.

Sauce. Equal portions, about 200g each of Greek yoghurt and light mayonnaise, I tsp curry powder and 2 tbsp. apricot jam. Mix together thoroughly and cover the chicken, leave in fridge for a couple of hours before serving

LONG REIGN (LONG GRAIN) RICE SALAD

Ingredients:

1½ cups long grain rice
3 cups chicken stock
1 cup finely chopped bright red small tomatoes
1 red pepper diced smell
50z thawed frozen peas
1.2 cup of cranberries
2 spring onions chopped small
1dsp finely chopped basil, mint and parsley
Freshly squeezed lime
4 tbsp good quality olive oil
Salt and pepper to taste

Method:

Cook the rice in the chicken stock in a closed pot, (about 20 mins or until cooked with a bit of bite) Pour through a sieve and rinse once with cold water. When cold add the tomatoes, red pepper, peas, cranberries and onions. Mix it all up with the olive oil to make a jolly looking bowlfull. Add a good squeeze of lime. Sprinkle with the finely chopped basil, mint and parsley. Add salt and pepper to taste. Keep in the fridge until ready to serve

EAT AND ENJOY

A wood near Athens. A Fairy speaks.

Over hill, over dale, Thorough bush, thorough brier, Over park, over pale, Thorough flood, thorough fire I do wander every where, Swifter than the moon's sphere; And I serve the fairy queen, To dew her orbs upon the green: The cowslips tall her pensioners be; In their gold coats spots you see; Those be rubies, fairy favours, In those freckles live their sayours: I must go seek some dew-drops here And hang a pearl in every cowslip's ear. Farewell, thou lob of spirits: I'll be gone; Our queen and all her elves come here anon.

Midsummer Night's Dream: William Shakespeare

RAINFALL FOR APRIL 2022

Year	Month	Year Total
2022	8mms	160mms
2021	2mms	228mms
2020	52mms	297mms
2019	11mms	187mms
2018	99mms	387mms
2017	5mms	243mms

So far this month we have had 2mms of rain at this address. A short distance away there was a significant shower a few evenings ago, unfortunately, not here.

John Mayes, Haymarsh— 01798 368345

THE QUEEN'S PLATINUM JUBILEE DUNCTON

COME AND JOIN IN THE CELEBRATIONS AT THE CRICKETERS PUBLIC HOUSE WITH A LITTLE HELP FROM DUNCTON VILLAGE HALL COMMITTEE ON SUNDAY 5TH JUNE FROM 1PM

SPIT ROAST CHICKEN AND A VEGETARIAN OPTION

PIMMS CARAVAN

BOUNCY CASTLE

CLAY PIGEON SHOOTING DISPLAY

WELLY THROWING COMPETITION

ROYAL FAMILY QUIZ

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COME AND HAVE A FABULOUS AFTERNOON/ EVENING. AND SUPPORT YOUR LOCAL PUB

IF WET IT WILL BE HELD INSIDE THE CRICKETERS

DUNCTON PLANT AND CAKE SALE IN AID OF BREAST CANCER RESEARCH

According to the NHS website, about 1 in 8 women are diagnosed with breast cancer during their lifetime. This includes several ladies from Duncton, who have all been treated early enough to make a good recovery.

So fundraising in aid of breast cancer research really strikes a chord with so many of us and what better way to do it than through a sale of two of the things that women love – Plants and Cakes.

So on Saturday morning of 14th May, the girls were out in force, the cakes were piled high and our experienced cake ladies from Tillington, Carmen, Viv and Sheila were on hand to price and sell the lovely sweet treats. Sally and Mike from Lilac Cottage kindly opened their garden for teas and coffee, which was much enjoyed by many.

The plants were a huge success, with lots of great donations from village folks including Jean Slattery and Liz Williams, who turned up with a trailer full of plants carefully grown for us to sell. The gardening bric-à-brac also went very well. This was a new idea and one that proved to be a good way for some of us to donate unused items from our sheds and gardens and it was a big hit with everyone such that we were able to sell most of what we had.

Sue Thomas, Helen Clifford and I felt that the whole thing was a great success and we were so pleased that not only did we raise a lot of money for an excellent cause but because it was a charity close to the hearts of so many, people really got behind it and for all our efforts the total raised was a staggering £800.

Nigel Clifford hosted a men's lunch in February and raised £205, which means our Duncton total will be around £1,000 which will be donated to Breast Cancer Research. Not only was the sale a great way to raise money for such a good cause but it was also lovely for the village to gather together on a sunny Saturday morning and we felt that a good time was had by all.

Thanks to everyone who helped and donated so generously.

Louise Exall, Helen Clifford and Sue Thomas.

NEWS FROM THE VALLEY BRINGS US UPWALTHAM BARNS THIS MONTH

Upwaltham Barns is a beautiful barn wedding venue in the South of England.

Lovingly restored, Upwaltham Barns is family-owned and exudes a warmth and friendliness that has made it one of the most popular wedding barn venues in West Sussex. The atmosphere is delightfully friendly and relaxed.

Roger & Sue Kearsey purchased the near-derelict Upwaltham Farm in 1986 and in 1999 their eldest son Tim and his wife Nicola started to restore the traditional Sussex flint long barns into the perfect setting for relaxed country weddings in the heart of the South Downs National Park.

Tim & Nicola were married there themselves in 1988, and having had such a fabulous day, full of family, friends, laughter and an amazing country ambience, a seed was sewn with the idea that the barns could convert into a brilliant space for other people to hold their weddings. Since then, and with the barns looking very different, six more members of the immediate family have chosen to celebrate their wedding days at Upwaltham Barns.

The family business grew organically over the years, and additional members of the family joined the team to support couples in their wedding journey, creating Nibbles2Nosh the catering company run by Claire & Kate, Sue & Roger's daughters, and the Stable Bar run by Stephen, their younger son.

With that Upwaltham Barns, as we know it now, was created.

Upwaltham Barns and its sister companies employ many local tradesmen, offer job opportunities to the local younger generations and use produce from many local suppliers.

The venue which is centred around a beautiful, flowered courtyard lovingly kept in bloom by Sue and her gardening team, consists of two long flint barns; The South Barn and The East Barn where the majority of the celebrations take place, as well as additional converted barns and buildings which hold offices, a bridal suite, the kitchen and the bar.

The South Barn has a wonderfully warm, rustic feel. Tea lights twinkle from recesses in the decorative brickwork and fairy lights adorn the authentic wooden beams. Wrought iron chandeliers, in keeping with the character of the barn, add an understated elegance and tall French windows at one end of the barn allow natural light to flood in.



The East Barn has floor-to-ceiling windows with views of the South Downs to one side, and the courtyard to the other. This allows guests and couples to view the beautiful National Park where a wild meadow has recently been planted to help encourage bees to pollinate whilst providing a beautiful backdrop to couple's wedding photos.

The gardens at Upwaltham Barns are something to be admired. Sue and her team work tirelessly throughout the year to ensure that every inch of the farm is looking picture-perfect in all seasons.

The whole family continues to work together to create a successful business and in recent years some of Sue & Roger's grandchildren have started to take on roles within the business, stepping up as the next generation to be involved with the family venture....the future looks bright!

In October the most wonderful Harvest Festival Lunch is held here. One of the barns is full of around 100 guests enjoying home cooking and raising money for the church. The raffle is amazing and almost everyone will win something!!

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The Arts Society West Sussex

On Tuesday 7th June, Justin Reay will give a talk on Building on Water. Wealth and Architecture of Venice

Venice became rich from trade with the Byzantine Empire. The city was extended over the waters of the lagoon and the architecture of the new city reflected influences from the east.

There will be a Jubilee celebration tea following the meeting.

On Tuesday 5th July David Tovey will give a talk on 'The Happy Valley' Lamona Artists Colony

Artists such as John 'Lamona' Birch, Alfred Munnings, Harold and Laura Knight and others lived a bohemian lifestyle in Cornwall creating gardens, having tea parties on the rocks and fancy dress parties in the hotel.

Talks take place at 2pm in Fittleworth Village Hall RH20 1JB Doors open at 1.40. Coffee and tea served afterwards

Non-members are welcome for £7

Please contact Jackie Buckler on 01903411086 or email westsussex@theartssociety.org www.theartssocietywestsussex.org



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By Ian Gledhill

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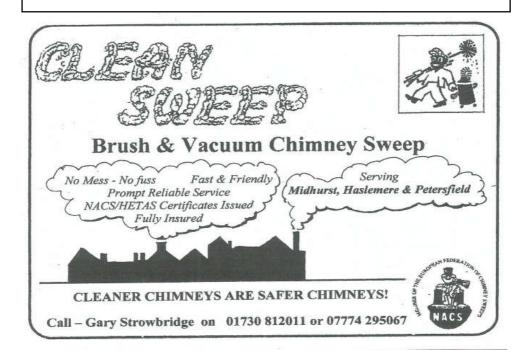
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TILLINGTON – See front pages for Church, Bell Ringing, Parish Council and Village Hall.

DUNCTON – See front pages for Church, Parish, Council and Village Hall.

UPWALTHAM -See front pages for Church.

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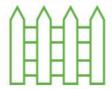
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