ISSUE 82

MARCH 2024

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In the middle

p.28



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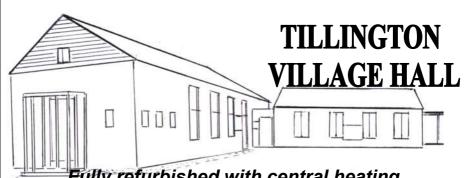
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EDITORIAL

The five-strong editorial team has been joined and invigorated for the March and April editions by a special guest editor, Lottie Knight. It has been a pleasure to have her on board to share the good humour of our meetings as well as to add some new and much needed seasoning. We particularly hope you will enjoy her contribution on Pi as much as we all did (page 16).

We cherish the fact that we all live peacefully in three beautiful parishes, each with an extraordinary abundance of community and Church support, giving care and help to many who are ageing and unwell. In the editorial group we don't take this for granted, indeed it is the exception rather than the rule. Somehow we want to reflect that 'goodness and innate kindness' in the pages of the magazine.

We sometimes struggle to maintain the balance between local information, outside articles of interest, and a good dollop of fun. We enjoy the regular submissions of poetry, gardening notes, recipes, and rainfall news; and we love the contributions from the Sussex Wildlife Trust, and the Kid's Pages.

What we lack is feedback! We would love to hear your views and preferences – good or bad. Please drop us a short e-mail on 3parishesmagazine@gmail.com

With printing charges going up we very much want to thank our advertisers for staying with us and keeping us solvent. A big thank you also to our independent 'business' team who manage the finances and admin., all for free.

We know how privileged we are to live in three extraordinarily caring parish communities. A simple illustration of this is the fact that you get this magazine delivered to your door every month thanks to the kindness of no less than 31 willing and smiling helpers in all weathers. Please say something cheery to them when you see them.

FROM THE REGISTERS

All Hallows Church, Tillington

Funeral: 8th February, Brian Walsh

FROM THE ALL HALLOWS UPPER ROOM

Crikey, the start of Lent came around quickly after Christmas, didn't it? By the time this magazine reaches you, we shall be just four weeks from Easter Day, 31 March. Our Lent course continues on Tuesdays, and we have a daily WhatsApp prayer group during Lent. Please contact me for details.



Across each of my churches, I am pleasantly surprised that so many people are happy regularly to offer their time, talents and money - for example tending the churchyard, volunteering at church fundraisers, ringing the bells or making a regular monthly gift – without regularly attending Sunday services. The love shown towards the parish churches is amazing. And yet, I still sometimes wonder whether I am getting the balance of my ministry wrong. Am I seen as too … well … churchy? Is my clerical collar off-putting? Why aren't I connecting better with local people who tell me, particularly at Christmas and Easter, and at the end of school services, baptisms, weddings and funerals, that they love being in church and hold a Christian worldview?

It is an error to draw conclusions about the value of village parish churches based only on attendance statistics or financial bottom lines. My painful study of New Testament Greek taught me that the *Ecclesia*, or church, means the people, never the buildings, beautiful as they are. My greatest value, as your village priest, is being here to accompany you on life's up-and-down journey. I am here for you in times of stress, anxiety, illness, loneliness and bereavement, but also to celebrate with you in times of joy, including baptisms and weddings.

The monthly, and wonderfully inventive, Tillington All-age service is the bestattended service across our five parishes. It draws in families who travel quite a distance but leaves us wondering how we can better connect with more local families of tinies, tweenies and teens. On 10 March, Mothering Sunday, please think of celebrating or remembering mothers by coming to church in Tillington or Duncton. Upwaltham's Mothering Sunday service is a week later.

The week prior to Easter will be a rollercoaster, as ever. The Petworth Palm Sunday afternoon procession is a great example of church outreach. Our Maundy Thursday evening service is at Tillington this year, followed by The Watch online until midnight, and we shall have an invigorating Good Friday Tillington morning walk, with prayers and unaccompanied hymns.

And then, on the last day of the month ... Christ is risen. Alleluia.

In friendship, David

NOTICE BOARD

Send your notices to 3parishesmagazine@gmail.com, headed Notice Board. The Tillington and Duncton Facebook pages have proved useful for some of us—use these as well

I would like to thank everyone for all the kind thoughts, prayers, cards and flowers over the past few weeks since my pacemaker has been fitted. I am sure they have greatly speeded up my recovery and I am pleased to say I feel as though I am getting back to normal. After my six week check I do hope I shall be all-singing and - dancing! Your support in filling in the gaps in my absence is greatly appreciated. Viv Blunt.

TILLINGTON MENS' 200th BREAKFAST



To celebrate our 200^{th} Men's Breakfast on Saturday March 2nd, we are holding it <u>in the Horse Guards.</u> All men invited - **BOOKING ESSENTIAL**. £15 with a tipple of Champagne (at 8.30am!). 8.15 for 8.30.

Our Speaker will be General Andrew Keeling CB, CBE, late of the Royal Marines. The title of his talk is "Life on the Ocean Wave".

He served for 34 years, having served in all the trouble spots of the era – Borneo, Aden, Cyprus, the Falklands, as well as Northern Ireland and Iraq. Please book with Gerald at geraldgreshamcooke@gmail.com

TILLINGTON VILLAGE HALL LUNCH

You are warmly welcomed to our Monthly Lunch on Friday, 22nd March, 12 noon for 12.30. Tickets £7 on the door.



If possible let us know if you would like to come to the lunch Phone Gillie (344231) or Mark (344489).

HEARTSMART WALK

Thursday 21st March - 10.30am

Petworth Park – Part 1 – Ancient Tree Walk

Leader: Gerald

Duration: 1 hr 45 mins Distance: 3 miles

Lovely Springtime walk to see the Ancient Trees in Petworth Park. There are trees from 350-800 years old, which are some of the most ancient trees in Europe. It is dotted with magnificent oaks, beeches and sweet chestnuts, and we will pass **the Beelzebub Oak** which has its own plaque in the wall behind it. We also pass by recently restored viewpoints from the North end of the Upper Pond. The fallow deer (largest herd in the UK), long views and great trees make for a compelling walk.

Meet: Petworth Park, NORTH Car Park. Bring a National Trust card or cash (£3) for Parking.

Contact Gerald on 07748 597 568 if uncertain. Dogs welcome

TILLINGTON WOMENS' BREAKFAST

Beautifully cooked by men

Saturday 16th March

8.30am

Tillington Village Hall

£7 only





Jesus turns Water into Wine

<u>5 PARISHES LENT COURSE</u> A Creative Exploration of Lent through the Arts

The 5 parishes have combined to design our own Lent course, using film, art, poetry and music.

Tuesday February 27th at 6.15pm at Duncton Village Hall Into Narnia - Good vs. Evil

Tuesday March 5th at 6.15pm at Tillington Church *The Way of the Heart*

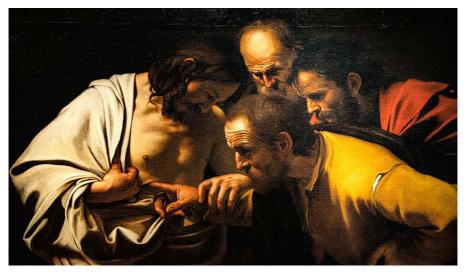
Tuesday March 12th at 6.15pm at Fittleworth Church Doubt and Faith - Caravaggio and more

Tuesday March 19th at 11.30am at Chichester Cathedral Inspiration in the Cathedral

Light Refreshments in the evenings.

Everyone is welcome to all or one of the course topics (do please ask if you need/ would like a lift)

Queries: 07976 127 667 the Fergussons. 07798 807 043 Louise Hartley. All Hallows Website: allhallowstillington@gmail.com



Thomas looking at the wound in Jesus' side by Caravaggio

WHY IS EASTER SO EARLY THIS YEAR? WHAT DETERMINES THE DATE?

Easter Sunday 2024 is on 31st March. In the Catholic, as opposed to the Orthodox, church it is never earlier than March 22nd nor later than April 25th. The date of our Easter is determined as the first Sunday after the first full moon following the vernal equinox. If the full moon is on a Sunday, then Easter is the next Sunday.

The vernal equinox (spring-equal-day-and-night) is always on March 20th or 21st. As that is a fixture, the date of Easter is determined by the phase of the moon at that date. As we were taught at school, the moon takes 27.3 days to orbit the earth, but because the earth is also orbiting the sun every 365.25 days and rotating on its own axis every 24 hours, it takes 29.5 days between full moons. Hence, Easter may fall anytime between March 22nd and April 25th.

Having sorted that out, it is necessary to know that the Orthodox Church has a different system. Their Easter falls between April 4th and May 8th, and is based on a formula using the old Julian calendar (we changed to the Gregorian Calendar in 1752). Their Easter falls on the first full moon after the feast of the Passover. This is based on the historic fact that Jesus death occurred in the week when he entered Jerusalem to celebrate the Passover. The Passover dates right back to the time of the escape of the Jewish people, under Moses, from slavery in Egypt, in about 1451 BC (Exodus 12:23 and !2:42).

The date of the feast of the Passover each year is determined by the first full moon after the vernal equinox using the lunar calendar NOT the Gregorian one. This year the Greek and other Orthodox Church Easter falls on May 5th. So ours is very early and theirs very late.

Finally, where does the name Easter come from?

It is probably derived from Ostara (Eostre), known in Germanic paganism from far back as the goddess of dawn. She symbolises new growth and new life, hence her festival originated in spring about the time of the equinox. It long preceded the death of Jesus and the biblical writings. However the word Easter does appear in the bible. but only once (Acts 12:4), and only in the King James version of 1611. This was probably a simple misnomer or academic anachronism. Perhaps the translator didn't notice his error ... or maybe Easter in 1611 fell on April 1st!

Ian Fergusson

<u>PI DAY – 14TH MARCH (3.14)</u>

Thursday, 14th March (or 3.14 in the U.S.A.) is the annual celebration of Pi Day, - sadly, for those of you immediately dreaming of a day of unctuous, oozing pastry, a possible disappointment, as this day of great mathematical importance should not be confused with National Pie Day, a much more mouthwatering event which occurs on 23rd January!

Pi Day, however, is of great significance especially to the mathematical and scientific world, because it celebrates the rather humble looking symbol π (Pi) which represents the ratio of the circumference of a circle to its diameter and is vital to many mathematical equations and formulas – remember from your Maths lessons, $2\pi r$ = circumference of a circle and πr^2 = area of a circle?? Whilst rooted in mathematics, Pi Day has evolved into an entertaining way in which to celebrate the magic of numbers and their effect on the world in which we live.

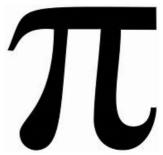
Pi was first discovered more than 4,000 years ago by the Ancient Egyptians and also theBabylonians who realized the notable fact that the circumference of a circle will always be approximately (important word here – more to follow) 3.14 times greater than its diameter and thus began its use in calculations.

I say 'approximately' above because Pi is in fact an irrational number, so cannot be expressed by a simple straightforward fraction but is what mathematicians call an infinite decimal, because the digits after the decimal point go on to infinity; computers have so far managed to calculate Pi to more than 31 trillion digits, but of course it doesn't stop there....!

Our humble friend, Pi, also provides some world record-breaking opportunities, and the one for reciting the greatest number of Pi decimal digits accurately was achieved by student Rajveer Meena in India and is an astonishing 70,000 decimal places. The recitation took 10 hours and he wore a blindfold throughout, apparently!

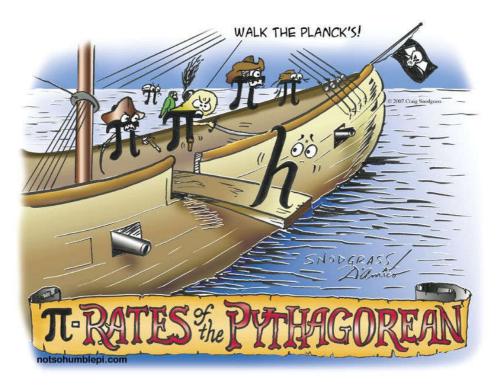
Pi Day was first introduced in 1988 in Los Angeles by a physicist called Larry Shaw at the Exploratorium Science Museum to encourage schools and teachers to observe it and to help to improve maths and science skills. In 2009 the US Congress officially declared March 14 National Pi Day and recently, at UNESCO's 40th General Conference, Pi Day was designated as the International Day of Mathematics.

Interestingly, apart from being Pi Day, March 14th is Albert Einstein's birthday and physicist Stephen Hawking died on March 14th, 2018. Other Pi Day birthdays include composer Johann Strauss, actors Michael Caine and Billy Crystal and Apollo 8 astronaut Frank Borman. Pi is used in so many areas of mathematics, science, architecture and engineering, including trigonometry, geometry, calculus and physics, and is also important in computer science. Without it we wouldn't be able to predict the weather, open google maps, message our family on our telephone, watch our favourite television show or escape on a plane to a tropical island, let alone reach the moon or Mars. It is literally all around us.



And so, on 14th March, let us all celebrate the importance of Pi, whether it be by performing mathematical calculations, marching around circular spaces, reciting Pi decimals or even (for the pie lovers) consuming multiple pies! Happy Pi Day to all.

Lottie Knight



What would you call a secret agent who is very good at maths? A s-pi!

CAROL PERROW-18.02.1946-21.12.2023

Carol died very peacefully at home just before Christmas after a long battle with cancer borne with enormous fortitude and a deep Christian faith over seven years.

She and Neil came to England from their home in South Africa in 2002, and settled in Petworth. They had met as teenagers in a Church Youth Group in Capetown. Carol was 14 and Neil 19. They married four years later in 1965. Neil held her hand then, as he did so gently and caringly as she died some 58 years later.



Carol worked in South Africa, first as a shorthand typist and later demonstrating and selling kitchen appliances. She was an excellent cook. Later she joined Neil as an administrator in his firm. After arriving in England, they both took up 'house sitting', often in different houses. Carol was always in high demand, especially when there were dogs to look after. As one owner put it 'The dogs seem to prefer you to me'.

She became very fully involved in the community and the Church life both in Tillington and Duncton, well known for her smiling welcome, her cooking, hospitality and support of village activities. She was Churchwarden at Tillington, where she was greatly admired for her deeply poignant, heartfelt, sincere and moving prayers.

After the diagnosis of malignancy, she underwent a bone marrow transfer and several gruelling treatments with chemotherapy necessitating multiple hospital visits and a long term stay of several months in hospital. She bore all these massive trials with huge stoicism, and was supported by the love of her God, as well as the care and prayers of her family and very many friends. As she wished, she came home to die, cared for so beautifully by Neil and her daughter Maryanne, with the help of carers and close friends.

She knew that she had a place to go on to in heaven.

Neil Perrow writes:-

From December 2022 to December 2023, February and March were the only months that Carol was not in hospital. A very difficult year.

A two week gap from treatments gave us our last holiday in Cornwall, right by the sea.

Carol really enjoyed the view of waves ebbing and flowing onto the beach, though she was too weak to walk on the shore.

In all the ups and downs, one beautiful thread ran through it all and gave a blessed and peaceful end and that was the love, care, concern and generosity of all in the parishes of Tillington, Duncton and beyond. Had she known the full extent of it, Carol would have been so touched. God's grace =Love in action!

Thank you everyone for your loving kindness. God Bless you. Shalom

THE CHOCOLATE CAKE

The recipe for this chocolate cake came from the Daily Telegraph in the 1950s and became a legend in our family and was the only chocolate cake recipe we ever used, hence '<u>The</u> Chocolate Cake'!

115g/4 oz baking margarine or butter 115g/4 oz granulated sugar 115g/4 oz golden syrup 170g/6 oz self-raising flour 70g/2¹/₂ oz good quality cocoa powder 1 egg 140ml/¹/₄ pt milk ¹/₂ tsp bicarbonate of soda

Signature Recipe

- 1. Heat oven to 190°C/170° Fan. Grease and line 2 x 7" sandwich tins.
- 2. Sieve flour and cocoa into a large mixing bowl and set aside.
- 3. Put margarine/butter, sugar and syrup into a pan and melt slowly together until sugar has dissolved and the mixture has started to bubble.
- 4. Pour melted mixture into the flour and cocoa and mix together. Add the egg and beat well.
- 5. Warm the milk slightly in a saucepan and stir in the bicarbonate of soda so that it dissolves (don't let the milk get too hot or the bicarb won't work).
- 6. Add the milk to the cake mixture and stir in carefully it will be quite sloppy. Once combined, beat briefly by hand.
- 7. Pour into the two lined tins and bake for under 30 minutes (test with a skewer).
- 8. Ice with butter icing.

Easter Suggestion:

Sandwich the cakes with butter icing, and perhaps a layer of black cherry jam. Then cover the cake all over with a chocolate ganache and decorate with little chocolate eggs, chicks, or get really creative with some spun sugar.

Lottie Knight

Daughter: Mum, what's it like to have the greatest daughter in the world?

Mum: I don't know, dear. You'd have to ask Grandma

WATER WATER EVERYWHERE

I love the winter flooding across the Sussex landscape, when you can go to the top of the South Downs and look out over the flood plains and see a mirror of water across the valley, where the Arun has breached its banks. I grew up near the Amberley Wildbrooks and loved listening to the sound of the Canada geese flying over in the early morning or at twilight.



Now when I read how little we have effected change in the last 30 years, despite the recent Paris agreement to attempt to keep the overall global temperature increase to below 1.5%, I feel sad because, by the end of this century, all that wonderful diversity and the ecosystem that supports it could be gone. Current research shows that 2023 was the warmest calendar year, globally, since records began, and while we cannot be held responsible for the behaviour of our ancestors, there are things we can do to help mitigate this in the present time.

If you've ever been on holiday in a caravan or campervan, you'll probably have a full appreciation for how precious fresh water is. Just standing in line for the water tap in the morning to fill the kettle for a cup of tea is a luxury I will never take for granted again. Emptying the 'grey waste' after a couple of showers and some washing up really brings home the amount of water we waste every single day.

Fran Trimming

<u>ROAD CLOSURE IN CEMETERY LANE</u> OR THE GREAT FALL OF TILLINGTON!

The wall on Cemetery Lane and the causeway collapsed on the night of 4th January, when almost a month's worth of rain fell in 12 hours. I think I heard it go: a low rumble at about 7pm. A neighbour across the road knocked on my door a little while later to tell me what had happened; I grabbed a coat and torch and we went to survey the damage. In the pitch dark and pouring rain, it looked like a disaster zone! After standing around in a bit of a daze, we decided to block it off with some cones from the church. The collapse involved my neighbour's wall too, so I went round to break the news, then inside to dry off and contact my insurance company and local authorities. They didn't seem very interested at 8pm! A policewoman, who had battled through those dreadful floods in Midhurst, arrived (not completely sure why, but she was very sympathetic and concerned for my welfare,) Gerald informed Highways, and the following morning a Chichester District Council surveyor arrived to take a look.

In the morning, we phoned our insurance companies and sent them photos. The following Saturday, my son-in-law (thank you, Dan) cleared the road with a digger, but we were all concerned that it was not safe for people to use the road and causeway. On the 12th January, a Highways surveyor officially closed the road and footpath, as 'the upper sections (of the exposed soil) continue to spall towards the road.' I admit I had to look up 'spall'. Barriers and road closed signs were duly set up by men in high vis-jackets.

Almost the entire country had been bombarded by storm Henk, and my insurance just kept saying that they were exceptionally busy, despite my explaining many times that half the population of Tillington were being inconvenienced. I would have to wait my turn. They agreed the wall could be 'made safe', but no one could suggest how that could be done without completely blocking the road anyway. It took 3 weeks for them to assess the damage. Friends recommended a builder, who came out quickly and was keen to do the rebuild. My hopes were raised! The builder was very helpful, but decided he could not give an estimate without specifications from a structural engineer.

An engineer was harder to find—they too were inundated with work due to the storm. Thanks to another neighbour, someone finally inspected the site on 9th February. To date we are waiting for his report and structural specs.

I must thank everyone in Tillington for their amazing neighbourliness and patience! We are trying to proceed with all haste but it's a slow process.

Sarah Francis

BENT-WING BERTIE

In the summer of 2022 Fiona and I noticed a particular male blackbird which had started to visit our Tillington back garden on a regular basis. He was easily recognizable as his left wing drooped down in an unusual and lopsided manner as if it were deformed or injured, although this did not seem to impair his flying ability at all. He was soon christened Bent-wing Bertie and we would look out for him each day or listen for his song.

Soon Bent-wing Bertie would come to our 'three-phase whistle' while we put out a daily offering of well-soaked bread on the grass. As time passed he became bolder, and we would sometimes be greeted in the morning by Bertie on the back doorstep looking through the glass panel in the door, clearly wanting to know when his buffet would arrive. His other favourite lookout spots were the roof of the summerhouse or the honeysuckle bush right outside the kitchen window.

Some time later we discovered that his nest was in a large evergreen in the cemetery behind the cottage, as we occasionally saw him emerge from the dark interior. Then one day as we were walking through the cemetery we saw Bertie appear from the evergreen with a fat downy and unsteady male blackbird chick: we had noticed that Bertie was occasionally accompanied by a female blackbird on his forays into our back-garden diner, so it was rather comforting to us to know that he had a family and so close by. The chick we named Billy and the female Bessie.

However, as the months passed we noticed that Bertie was sometimes looking a little bedraggled, and soon we found out why: as he grew, young Billy became sleeker and stronger, and with an unpleasant show of filial rivalry, started chasing Bertie away from the bread, sometimes with force. Then with a similar show of domestic abuse and much to our consternation, Bessie started doing likewise to the hapless Bertie! His meals were frequently curtailed by Billy the Bully and Bossy Bessie in this way, and Bent-wing Bertie was increasingly absent from the garden for days at a time, presumably foraging in less-threatening gardens elsewhere.

We stumbled on the solution to this problem of Bertie missing out on his meals quite by chance: Fiona noticed that when she went out into the garden when Bertie was there he would not fly away, but was confident enough to stay there, albeit keeping a close watch on any abrupt movements or signs of danger. Needless to say, any other birds present including Billy and Bessie would fly away immediately, leaving Bertie in sole ownership of the bread.

We are pleased to say that by us using this simple tactic Bertie's daily visits have now been restored, along with his peace and tranquillity, undisturbed by either his partner or his progeny, leaving him to enjoy his meals of watersoaked bread at his lop-sided leisure.

Duncan Lovatt



Poem by Emma Tully and illustrations by a friend

THE WHEATEAR by Michael Blencowe for Sussex Wildlife Trust

It's been a long winter, but rest assured that our summer migrant birds will soon be with us. As you read this, beating hearts and beating wings are powering tiny bodies through north African skies.



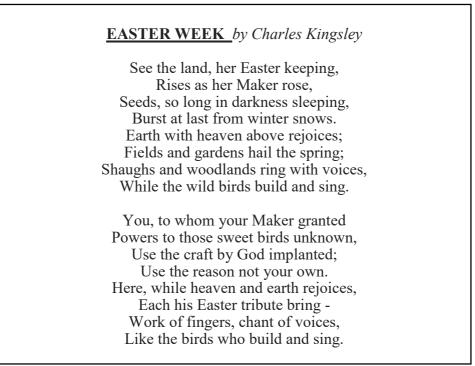
(photograph by Derek Middleton)

Wheatears are our earliest returning African migrants. It's a fast 3,000-mile flight from sub-Saharan Sierra Leone to Sussex for a 1-ounce Wheatear, and they've been recorded migrating at 500 miles a day. The dashing males arrive first, their soft, sun-bleached shades of pink and buff topped with a dapper black bandit's mask. At Sussex Wildlife Trust's Southerham nature reserve near Lewes, you'll see them scurrying over the grazed downland turf or perched along the valley's fence lines. When they fly, Wheatears flash the white rump which gives them their name. Because Wheatears have nothing to do with wheat or ears. Their original name...well, courtesy prevents me from writing their old English name in such an upstanding publication – but let's just say they were named after their white behinds. Victorians and vicars bird watching in mixed company blushed when they were called upon to identify one, so their name was subtly censored.

Wheatear is a more palatable name for a tragically palatable bird. In Sussex, Wheatears were considered a local delicacy and were served at the finest banquets in Lewes, Brighton and Eastbourne. Sussex shepherds would trap them to increase their income; in the late 19^{th} Century the birds fetched 3/6d a dozen (£17.50 today). Shepherds could earn £14 per season (£1,260 today) trapping Wheatears - half their annual wage. Around the town, shepherds were eventually banned from trapping Wheatears as it distracted them from their sheep.

Gluttonous gourmets were so desperate for fresh Wheatear that they would prowl the downs and take birds straight from unmanned traps, leaving a pile of coins for the shepherds. In 1900, outspoken and outraged Sussex conservationist W.H Hudson wrote, "It is not fair that Wheatears should be killed merely to enable London stockbrokers, sporting men, and other gorgeous persons who visit the coast, accompanied by ladies with yellow hair, to feed on them at the big Brighton hotels."

But the damage was done. Trapping and the gradual loss of their sheep-grazed downland habitat caused the birds to disappear from the Sussex downs. The Wheatears we now see around Lewes unsurprisingly don't hang around. Each spring they briefly return to their old downland haunts, flash their behinds at the people of Sussex and keep on moving. From Lewes, they'll head onwards to breeding sites in northern England and northern Europe. But for some of these birds, their amazing migration continues for a further 2,000 miles across cold oceans to Greenland and Arctic Canada.

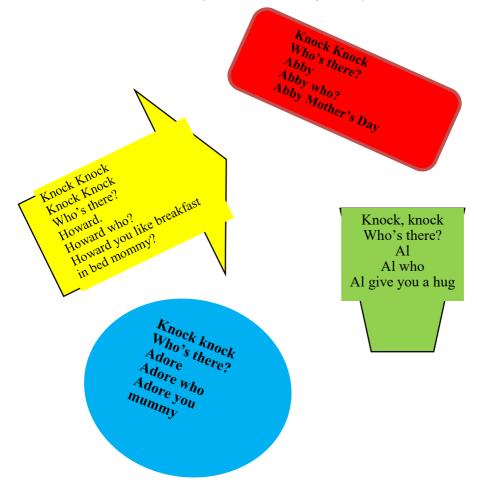


	All Hallows Church, Tillington	Holy Trinity Church, Duncton	St Mary's Church, Upwaltham
Third Sunday of Lent, 3 March	Breakfast Church 9.45am/ All-Age Service service at 10.15am		
Wednesday 6 March	BCP Holy Communion at 10am		
Fourth Sunday of Lent/ Mothering Sun- day, 10 March	Family Communion at 9.30am	Family Com- munion at 11am	
Fifth Sunday of Lent/Passion Sunday, 17 March	BCP Holy Communion at 9.30am		Country Service (Mothering Sunday transferred) at 11.30am
	Five-parish Evening Pray Please contact David to regi Zoon		
Wednesday 20 March	<u>No Midweek Holy</u> <u>Communion today</u>		
Palm Sunday, 24 March	Morning Prayer and Praise at 9.30am	BCP Holy Communion at 10.30am	
Maundy Thurs- day, 28 March	Holy Communion, with foot washing and stripping of the altar, at 7pm, followed by The Watch on Zoom com- mencing at 9.30pm		
Good Friday, 29 March	Morning Prayer at 9.30am, followed by Walking Church: A Tillington village pil- grimage		
Easter Day, 31 March	Family Communion with Easter Egg hunt for chil- dren at 9.30am We welcome Revd Canon John Bundock		
Second Sunday of Easter, 7 April	Breakfast Church 9.45am/ All-Age Service at 10.15am		

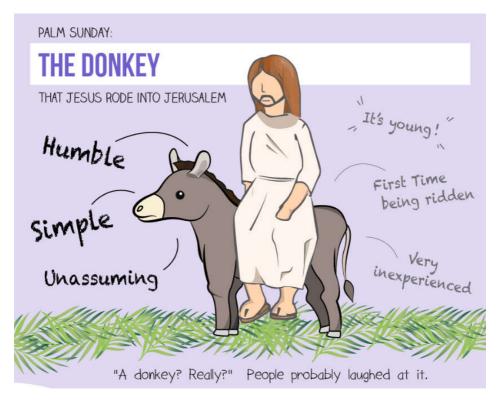


Mothering Sunday is on Sunday, 19 March this year, and it's that one special day when we get to thank the lovely mums or mother figures in our lives for all that they've done for usso here are a few ways to say thank you. I am sure you don't need any help but just in case!!

Here are some knock knock jokes for Mothering Sunday



Jesus rode a donkey into Jerusalem on Palm Sunday,



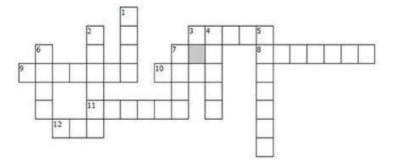




Palm Sunday of the Lord's Passion



"Hosanna to the Son of David; blessed is the he who comes in the name of the Lord; hosanna in the highest."



ACROSS

- 3. The Son of God
- A word used for praise and adoration which means "save us"
- 9. A small town
- A young animal of the horse family; especially one under one year
- 11. To stretch out over a large area
- 12. To secure with a piece of rope

DOWN

- 1. What a person is called
- To express admiration or approval of something or someone
- 4. To go into a place
- Said something in a loud voice; called out; yelled
- 6. A male ruler of a country
- A pathway for vehicles, persons, and animals; a street or highway

VILLAGE	JESUS	SHOUTED	ENTER
COLT	SPREAD	PRAISE	NAME
TIE	ROAD	HOSANNA	KING

Church of Saint Leo the Great www.stleothegreat.com

ADDITIONAL SERVICES IN OUR GROUP DURING MARCH:

3 March: 9.30am Parish Communion at Fittleworth; 11am BCP Holy Communion at Stopham

10 March: 8am BCP Holy Communion at Fittleworth; <u>There is no All-Age Service at Fittleworth today</u>; 4pm BCP Evensong at Stopham

17 March: 9.30am Parish Communion at Fittleworth; 11am BCP Holy Communion at Stopham

24 March: 9.30am Parish Communion with Palm Sunday procession at Fittleworth; 11am BCP Matins at Stopham

31 March: 9.30am Family Communion for Easter Day at Fittleworth; 11am BCP Holy Communion at Stopham

7 April: 9.30am Parish Communion at Fittleworth; 11am BCP Holy Communion at Stopham

David Crook, Priest-in-Charge (david.crook15@btinternet.com; 01798 865473)

RAINFALL FOR JANUARY

Recorded by Fran Trimming in River (pre-2023 readings recorded by John Mayes in Haymarsh)

Year	January	Year Total
2024	87mls	87mls
2023	110mls	110mls
2022	39mls	39mls
2021	99mls	99mls
2020	67mls	67mls
2019	31mls	31mls
2018	96mls	96mls
2017	87mls	87mls
2016	190mms	190mms

A growing fascination with all things 'K' (pop, drama, cosmetics, food) especially among the young, was given royal recognition by King Charles during President Yoon's recent state visit when he awarded Black Pink, the K-pop girl band, honorary MBEs. I had just come back from South Korea and had already been learning Korean for over a year so was well aware of the attraction of K culture, language and history. For a small country situated in such a vulnerable position between powerful and often hostile neighbours, devastated after the Korean war in the 50's and suffering an economic crash in 1997 known as the Day of National Humility, its economic rise to 13th largest economy in the world has been spectacular. The creative industries, a commitment to a digital future and the extraordinary resilience of its people have all contributed to its success. Friends often ask me 'Why Korea, why Korean?'.

Language and Culture

About 18 months ago I came across the story of Hangul, the Korean writing system developed by King Sejong the Great in the mid 15th century to replace Chinese characters and spread literacy beyond the elite. As a lover of languages, I was amazed by the beauty and simplicity of the system. Its consonants, for example, are based on the shape of the mouth when speaking and the alphabet of 24 characters can be learned in under 2 hours. Hangul became a symbol of resistance during the Japanese occupation and now has its own public holiday, Hangul Day, on October 9th. Koreans are justifiably proud of their language and having mastered the alphabet I found it hard to stop learning.

Through the language, I began to discover one of the oldest continuous cultures in the world with an ethnically homogenous population. The Taegeukgi flag embodies the dual forces of nature: the white background the land; the red/blue circle, the yin and yang of the people; the four black bars, heaven, earth, fire and water. Influenced by Confucianism, Buddhism and later Christianity an interesting mix of concepts guide behaviour:

- chaemyeon (face) reflects how Koreans present themselves to maintain reputation
- gibun (feeling, dignity) establishes good personal relationships by avoiding criticism and negativity
- inwa (harmony) a desire to give positive answers and avoid refusing requests

Jeong (attachment) warmth and caring underpins a sense of collectiveness nunchi (art of understanding) values situational awareness and sensitivity.

So at the end of September I arrived in Korea for a history tour that far exceeded my expectations. It is difficult to pick out highlights but these are just a few **Palaces**

The juxtaposition of ancient and modern is fascinating and in Seoul's five grand palaces it is common to see young people wearing the traditional dress (Hanbok)..Changdeokgung Palace, dates back to 1405 where royal descendants lived until 1989.



The Changdeokgung Palace (above) was loved by the kings of the 500 year Joseon Dynasty for its beautiful gardens. including a Secret Garden where the royal family could relax. A sophisticated underfloor heating system (Ondol), channeled the smoke from fireplaces under the floor where stones and bricks retained the heat and any escaping smoke served as pest control. Not only palaces benefited from this ancient technology and it was widely used in houses and temples across the country for thousands of years so that sleeping and sitting on the floor was comfortable.

Temples

Alongside the many palaces, the temples offer an insight into the learning and literacy of Korea. We visited the Haeinsa Buddhist Temple (first built in 802) in Mount Gayasan National Park, a Unesco World Heritage site, which houses the Tripitaka Koreana. The collection of over 80,000 wooden blocks engraved with scriptures completed in 1251 is the most complete set of Buddhist texts in Asia.

But perhaps the most spectacular setting for a temple is on the beautiful Busan coastline. The Headong Yonggungsa Temple, originally built in 1376 was destroyed during a Japanese invasion but rebuilt in the 1930s. Its motto is, 'At least one of your wishes will be answered here through your heartful prayers'.



The Tombs Excavations from the Royal Tombs

Gyeongju in the South East was the capital of the Silla Kingdom for nearly 1000 years from 57BC. Its museum is the home of a dazzling collection of artefacts from the royal tombs of the $5^{\text{th}}/6^{\text{th}}$ century. As an important hub of the Silk Route there are artefacts from far and wide including glassware from the Mediterranean as well as artistic techniques such as filigree, carving and hammering originating in Egypt.

The Border

The most poignant part of the trip, however, was undoubtedly the visit to the border with North Korea at Imjingak. My visit coincided with Chuseok, similar to our Harvest Festival or Thanksgiving, and an important holiday for Koreans to return to their families and honour their ancestors. For many separated since the Korean War, the border is the closest point to their ancestral homes and there are various memorials and artifacts. From the Dora observatory you can see into North Korea through telescopes across the Demilitarized Zone (DMZ), which is now a wildlife haven. The '3rd tunnel', discovered in 1978 and now open to tourists is a reminder of the constant threat of invasion from the North, particularly in light of the recent Hamas incursion into Israel.

South Korea had not traditionally been seen as a tourist destination of choice in the UK. However, I found it to be a welcoming and beautiful country with a wonderful mix of ancient and modern. It has an individual and independent character which is quite unlike its neighbours China and Japan. From its beautiful coastline to majestic mountains, palaces, temples, tombs and modern architecture, there is so much to see and do. So if you have yet to decide on your holiday destination this year, think Korea!

Valerie Garrow

GARDEN NOTES

I'm very excited because in a couple of weeks I am going to the Garden Media Guild Press Event. I am hoping to approach the Gardeners World team to urge them to include more Sustainable Gardening advice in the programme. I'm going to offer my services but doubt I'll be that lucky! Each year at the event Garden Companies are invited to showcase their latest products in the 'Greenfingers Best New Products Awards' and last years winner was Wool Pots (<u>www.wool-pots.co.uk</u>), have you tried them? They are a biodegradable, environmentally-friendly and sustainable alternative to plastic plant pots, and I'm very proud to say that the company is the brainchild of my cousin Graham Hull and his associate Tom. Graham grew up in Duncton before leaving to become an actor so Wool Pots is quite a change for him!

I have been deprived of a garden of my own since leaving my beloved garden at Coxlands in Tillington because for the last 5 years I have been living in rented accommodation around the Haslemere area while my children attended their schools in Guildford. Nevertheless I have carted big pots of plants around with me to each of 3 rental properties. But I have realised just how much long term planting in pots is really bad news for the plant. Spring, summer and winter annual planting is fine as it is renewed and replaced, with new compost used with each change of planting. But perennials, shrubs and trees look so sickly after the first year or so of being in a pot. The usual advice is to replace the top few inches with new compost to rejuvenate the planting medium, and to obviously keep well watered and feed with liquid plant food or an application of something like blood, fish and bone to add nutrients to the plant. But from what I've learned over the years about soil, this is no substitute for being in the ground. Worms and the millions of other soil organisms are what make nutrients in the soil available to a plant after organic matter is eaten and pooped out by them and this just doesn't happen with plants in pots. It has got to the point where I can no longer bear to see how the plants are suffering and am giving potted plants away to friends who can plant them out. They soon pick up once they are in the soil.

Allow a wildflower suggestion this month is something that doesn't flower until July, but the new plants are already showing in gardens, and might be weeded out without thinking about how beautiful (and useful) they are. I'm talking about Feverfew (Tanacetum parthenium). Very pretty clusters of white daisy flowers with a yellow centre, above bushy bright green aromatic foliage that attract hoverflies which are great pollinators for the garden. The flowers and leaves are said to have medicinal properties too. Until next month...--

Beverly Exall BSc, MCIHort, MPGCA 07867 544845

www.gardensrevitalised.co.uk

CARRIE MARK'S DESERT ISLAND DISCS



Carrie is married to Guy. Retired physiotherapist and now a general taxi driver, secretary, chef, party organiser, gardener, cleaner, carer and washer of mountains of laundry for my four children! Whenever I have a spare moment or more I'm mostly found surfing. Returned to my roots in this glorious part of Sussex sixteen years ago, have lived in Upperton for nearly ten and flipping love it.

1. Smells Like Teen Spirit by Nirvana. This came out when I was 15 years old and was the sound track to every teenage party and therefore my youth!

2. **Buddy by De la Soul.** The album, Three Feet High and Rising is one of my most listened to albums. Brilliant lyrics and this album kick started my love of hip hop. It's also my nickname for my son.

3. Jump Around by House of Pain. Guaranteed to get me in the dance floor. A hip hop classic that always gets a party going ... many, many of my nights out at university were spent leaping around in sweaty, smoky and generally unpleasant clubs to this brilliant tune!

4. Entre dos Aguas by Pablo Lucia. The sound track to mine and my husband's early care free years together pre marriage and pre children in Mallorca! We would always have this blaring out in the hot sunshine, surrounded by orange groves, gin and tonic in hand!

5. Remember Where You Are by Jesse Ware. This came out a year into the pandemic, when our fourth child was nearly a year old. As a family we would dance around the kitchen singing this to a completely bewildered baby! She loved it and it was our lockdown anthem.

6. **Music for a Sushi Restaurant by Harry Styles**. I love his music and love what he stands for. We took our eldest girls to the Love on Tour concert and it was simply the best night of happiness, inclusion, fun and flamboyance.

7. Son of a Preacher Man by Dusty Springfield. If I had to choose only one song to listen to it would be this one... I never get bored of it. It also features in one of my favourite films - Pulp Fiction. A classic.

8. **1900's Theme by Ennio Morricone**. One of the greatest film score composers and the music to The Legend of 1990 is so beautiful as is the film itself. I was lucky enough to see his last appearance in this country at the Royal Albert Hall.

Book.

The Immortal Life of Henrietta Lacks by Rebecca Skloot.

Not necessarily a book to read over and over but it is the book that most astounded, angered and amazed me... it's almost too fantastical to believe it is the true story of a women who's cells did more for science than any other human, without ever knowing it. Everyone should read it.

Luxury.

I'm going to hope it's a desert island with surf and take my longboard. I can surf to my hearts content, never be bored and keep my mental and physical health in check!

(Ed: Yes Carrie. Your island will be perfect, with rolling surf, white sand and an endless supply of gin and tonic.)





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<u>LIFE THROUGH A LENS-</u> <u>A CHAT WITH PHOTOGRAPHER BARNEY HINDLE</u>

I understand you worked for 16 years at Sothebys?

Yes, when I started in 1999, I worked initially at Summer Place in Billingshurst but sadly it closed and I relocated to London, becoming photographic manager of their warehouse

My career there took me to a vast array of stately homes and amazing locations, I know Chatsworth House like the back of my hand after photographing their attic sale and the contemporary sculptures in the amazing gardens. I even had permission to turn on the Emperor Fountain to capture a perfect shot of a sculpture. Another highlight was travelling business class to photograph sculptures at the Singapore Botanic Gardens - although the humidity was a challenge for me and my photographic equipment! Sotheby's still use me and requested my services to photograph Freddie Mercury's house last year. An unbelievable privilege to be the only photographer to document his personal items and home.

What brought you back to Sussex?

I moved out of the city to buy a house with a garden, a small cottage in Fernhurst. After starting a family, commuting to London became too much, so the jump to a freelance photographer was on the cards. Our cottage in Fernhurst was also on the small side and we spotted a wonderful house with an amazing garden overlooking Holy Trinity church in Duncton. Photographing art and antiques being my specialty, it was a perfect location near Petworth and Chichester where I have several clients.

Tell me about your first camera.

My first camera was a Pentax K1000 35mm film camera I got for art college in Blackburn. It still resides at my mother's house in the Ribble Valley, Lancashire.

What was the most valuable art work you have ever photographed?

In my 16 years at Sotheby's, I photographed one of the most expensive Andy Warhol paintings ever sold (at 105million USD). I also photographed an album containing pictures of the real 'Alice in Wonderland', a collection of photographs amassed by Alice Liddell and an inspiration for Lewis Carroll. I only had a few breakages over the years — almost inevitable with the amount of items I have photographed and moved — the most upsetting was a £16,000 magnum of Petrus wine - my saving grace was the bottle had a very very thin shoulder (the glass was wafer thin) - it just popped as I laid it in its case. Alas the floor wasn't the cleanest and so we didn't even get to taste it.



Who has inspired you in the course of your work?

I was initially inspired by the greats André Kertesz, Henri Cartier Bresson and Diane Arbus. Latterly, the likes of Martin Parr and Larry Clark. Within my job I am constantly inspired by the art and antiques I photograph and this leads down paths of creativity and joy. Music, Architecture, Fashion and Nature all play their part in inspiration.

Photography has changed a lot in recent years - how have you coped with the technical shift from film to digital ?

When I studied and started my career at Sotheby's, it was all done on film, with the use of polaroids. Sotheby's, thankfully, had a good budget to keep up with the technological shift into digital photography. I recall that one medium format digital camera we used took three exposures in red, green and blue, then stitched them all together. Artificial Intelligence is here now and changing photography again - I already use it editing images. It will develop rapidly over the next few years, not replacing photographers but another tool to use.

Do you enjoy what you do?

I thoroughly enjoy my career and consider myself extremely lucky to photograph subject matter I love, meeting artists and seeing amazing locations.

Sue Laker in conversation with Barney Hindle

WORLD BOOK DAY

Did you know that *The Adventures of Tom Sawyer* by Mark Twain was the first book written using a typewriter? Or that *The Very Hungry Caterpillar* by Eric Earle was originally called ? These are the sort of nuggets of information that my two children have brought home over many years of World Book Days.

Since the first official World Book Day on 23rd April 1995, millions of children have dressed up as a character from their favourite book, the author or even the book itself, and headed into school to celebrate the love of books and reading. This year's world book day is on March 7th.

World Book Day has been known to strike fear into many a parent. Is the school encouraging dressing up this year? Have they changed the date again? Or is little Billy going to change their mind the night before just like they did last year? Trust me the stress is real!

However, at the heart of it all is a day to celebrate the love of reading. I am lucky that my two boys are voracious readers and embrace World Book Day

wholeheartedly, but for those that find reading a struggle or a chore, a joyous day such as this can be all it takes to ignite the spark and encourage them to pick up a book and step into a world of magic and wonder.

So, whatever your school is doing or whatever your child is wearing, from one parent to another Happy World Book Day!

Olivia Lockett

My sons, Felix and Jago, dressed up as The Cat in the Hat and the Golden ticket from Charlie and The Chocolate Factory.



<u>THE LAVINGTON PARK FEDERATION</u> <u>GRAFFHAM CE INFANT AND DUNCTON CE JUNIOR SCHOOL</u> <u>WORLD BOOK DAY AT GRAFFHAM AND DUNCTON SCHOOLS</u>

On March 7th we will be celebrating World Book Day at Graffham and Duncton Schools with the children and staff. We have plenty of fun activities planned and will begin our day by dressing up as our favourite book character. This is always an exciting start to the celebration of books, involving staff dressing up too!

Sharing our favourite books and characters and talking about this with our friends at school allows children to think about and explore a range of fiction and non-fiction texts, introducing them to new books that they may then want to read themselves.

We have a book swap planned during the day where children choose 1-5 books from home and then bring them in to swap for new books. Other activities throughout the day will be book reviews, book sharing across the school where the older children read to the younger children, book battles for the older children, exploring reading blankets, book raffles and story-telling using props.

We are also lucky enough to have a book company coming into Graffham school to share a variety of new books where children can redeem their book vouchers to then receive a new chosen book to take home to share with their family. We hope the day will inspire all of our children to continue their journeys as life long readers!

YOUR VILLAGE NEEDS YOU!

Weekly coffee mornings, monthly breakfasts and lunches, what a delight they are. All these activities are part and parcel of what makes our village a happy and special place, providing opportunities to meet our friends and neighbours, and put the world to rights! This of course does not happen by chance. There is a dedicated group of people who have year after year planned, organised, shopped and cooked for these events.



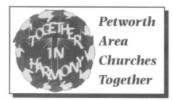
However, more help is needed from other residents within the village to ensure the continuation of these community activities and village get-togethers. A simple commitment to assist with one or two events each year would be of significant help in keeping these events going.

Please do consider offering your time. The existing team members will be very happy to support you.

For more information on the Men's Breakfast please contact Gerald Gresham-Cooke 342151 and for the coffee mornings and lunches contact Mark Lavington on 344489.

Carmen Woodhatch

P A C T NEWS Petworth Area Churches Together *working together in harmony*



On Sunday March 24th, the weekend before Easter, our annual Palm Sunday Procession

takes place in Petworth, starting at the Sacred Heart Church in Angel Street at 3pm.

This is a great occasion with, hopefully, two donkeys, and the Petworth Town Band marching and playing. We walk to Middle Street, High Street, and then stop outside the URC for a short telling of Jesus's entry into Jerusalem.

On to Market Square — the traffic stops for us — and ending at St. Mary's Church for a cup of tea.

Last year about 100 people walked with us — do join us this year, either at the start or along the route.

Palm Sunday is a day when Christians remember Jesus' entry into Jerusalem, riding on a donkey and being greeted with palm branches by the crowds. This momentous event foreshadowed his ultimate sacrifice for humanity, as he would be crucified and resurrected a week later.

Geraldgreshamcooke@gmail.com https://petworthareachurchestogether.com

CHILLI FOOD EXTRAVAGANZA

DUNCTON VILLAGE HALL 7PM



Come along and enjoy a warming evening of food and fun. This will be held on Saturday 9th March at 7.00 pm, when we will be serving various chilli con carnes with an alternative for those who don't like spicy food. There will also be a vegetarian option.

Tickets available from Helen on 344602, Sue on 344352 or Louise on 344494. Tickets £12.50 for adults, £5.00 for children.

Funds raised will go towards improving road safety in the village.

Helen Clifford

EASTER ACTIVITIES

••••

March

3rd April Teddy Bears' Picnic 4th April **Face Painting 5th April** Nolan, Children's Entertainer **8th April** Ranger School **10th April** Movie Day 11th April Magic Workshop 12th April Wild About Britian

EGG HUNT

BOOK

JANET DUNCTON WRITES

The County Council and South Downs National Park are looking to recruit new Chief Executives and, at County we also have to recruit a new Finance Director as the brilliant one we had has left to go to a London Borough and we are very sorry to see her depart.

A balanced budget has been produced with no cuts to our Services and because of a late extra Grant from central Government we do not have to touch reserves. It gets more and more difficult with, as you know, many demands on our finances the biggest of which are Adult Services and Young persons Services including children in care and SEND education and many other factors. Still we've made it again for the 2024/25 Council Plan and Budget plus of course our Capital Strategy.

As ever I have been busy at the National Park and mainly with Planning issues. You will know the Park stretches from Winchester in the west to Eastbourne in the east and I seem to have spent a lot of time on site visits which take a whole day in places like Beachy Head and Lewes and although undeniably interesting it does involve a lot of time and travel but my goodness I've found out a lot about the County I was born and bred in over the last few years and I have to say visited some parishes that I didn't know existed.

Sadly, the weather has not let us complete all the projects on highways etc that we would like. No sooner do you get a road or right of way cleared than another rainfall comes along and more trees come down and roads flood making it sometimes difficult for people to move around as they would like.

I can assure all residents that as soon as I am aware of any problems I report them to the appropriate departments and as you can imagine with 70 of us Councillors trying to get help in our divisions when problems arise they don't all get attended to immediately but we are trying.

Some of our village schools need help and their finance is tight. It has been said why can't Cil (community infrastructure levy) or S106 money be used to help? This money comes with development but unfortunately some of the items that are required do not meet the requirements for either of these pots of money.'. However I am not unhopeful that we can find a solution because we have got some great schools in the rural villages I represent.

As ever if you need to contact me it's janet.duncton@westsussex.gov.uk or my mobile 07979152898. County Councillor

The Arts Society West Sussex

On Tuesday March 5th, Chris Aslan will talk about

The Golden Road to Samarkand: the Architecture, Art and Textiles of Uzbekistan

Talks held at 2pm in Fittleworth Village Hall RH20 1JB

Doors open 1.15. Coffee & tea afterwards Non-members welcome for £8 Contact Jackie Buckler on 01903411086 or email westsussex@theartssociety.org www.theartssocietywestsussex.org

THE ARTS SOCIETY SOUTH DOWNS

Wednesday 6th March 2024

The Grand Tour By Peter Le Rossignol Talks are in Fittleworth Village Hall, RH20 1JB

Doors open 09.50 am for coffee. 10.30 am for 10.45 am start Members free and non-members welcome £7 Further details on: <u>www.theartssocietysouthdowns.org.uk</u> Or contact: Jane Allison on Tel 01798 813314 Talks are in Fittleworth Village Hall, RH20 1JB Doors open 09.50 am for coffee. Please be seated by 10.30 am for a 10.45 am start. Free entry for members, visitors are welcome (entry £7) Further details on: <u>www.theartssocietysouthdowns.org.uk</u> Or contact: Jane Allison on 01798 813314.

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Croquet Club	Katharine Minchin	01730 813586
N'hood Watch—Duncton	Susan Thomas	01798 344352
Primary School	Vanessa Dudman	01798 342402
Tillington Website	Alex Morgan-Grenville	alexmorgang@ icloud.com

TILLINGTON – See front pages for Church, Bell Ringing, Parish Council and Village Hall.

DUNCTON – See front pages for Church, Parish, Council and Village Hall.

UPWALTHAM -See front pages for Church.

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