

ISSUE 57

SEPTEMBER 2021

FREE

Three Parishes

Serving the Communities of Tillington, Duncton & Upwaltham



**OUR CHURCHES ARE
NOW OPEN AGAIN**

p18-19

Open Church

p23

Garden Notes

In the middle

Kid's Pages

p26

Foraging

p30

Back to school
quiz

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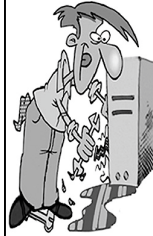
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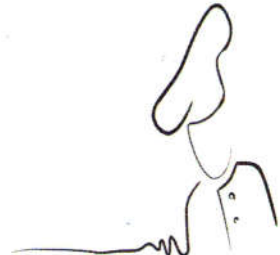
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Treasurer:	David Miles	01798 343512
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Bell Ringers' Secretary:	Barbara Neighbour	01798 344700
Church Flowers Rota:	Gillie Ross	01798 342 231
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MAGAZINE

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EDITORIAL

The editorial team have been greatly heartened by a number of kind comments about recent editions, and also encouraged by the result of a small straw poll suggesting a very high proportion of the community read at least part of the magazine each month. This will also be welcome news to our supporting advertisers, knowing that they are reaching a high number of recipients. In turn, the advertising revenue allows us to continue to deliver each edition free of charge to every household in the Three Parishes. Everyone seems to be a winner, so, if you have goods or services for sale, why not advertise in this, your, magazine by contacting 3pmadvertising@gmail.com ?

Interaction with the readership also gives production of the magazine more of a family feel. We love receiving photos of your garden and your pets, and we especially appreciate the spontaneous submission of articles for publication. The 'red editorial pen' is used sparingly though we may need to shorten some pieces and defer the publication of others to fit in with other copy. Please, please, do go on sending us your work and never worry about spelling and grammar, we have resident dragons to correct all that, and so spare the blushes. So, we welcome you all to the new season and we will do our best to serve up some special and exciting articles to interest, amuse and inform you all.

In this September edition there is a lovely piece on 'Foraging' (p26), another on applying to be on 'Mastermind' (p32), an explanation of 'The Serpent Trail' (p13) and an enticing introduction to 'Cadence', the new café in Upwaltham (p15).

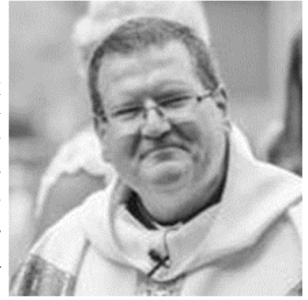
All jolly fun without even mentioning the Kids Pages, a special quiz, Gardening notes, a vegetarian recipe, and a very unusual selection for 'Desert Island Discs'. Truly something for everyone, and all completely free.

Oh, and I almost forgot to guide you to the fascinating life of *Acherontia atropos*, the Death's-head hawkmoth, a must read on pages 28-29.

ERRATUM. *It has been pointed out by a reader that the British bomber which crashed near Upwaltham on 13th February 1944 was a Lancaster and not a Wellington. The memorial was described in our July/August editorial as the "Wellington Dakota memorial" but should have read "Lancaster Dakota memorial" commemorating the two air crashes first of the Lancaster and then almost a year later on 11 February 1945 of an America Dakota aircraft. Our apologies and thanks to the reader who noticed the error.*

FROM CHURCH COTTAGE

I send this message from my August holiday retreat, where this morning's weather looks promising. It is, I hope, an indicator of a better end to this washout summer. This may have been the best year yet for the roses in my garden, but the schedules and yields for our local farmers have been persistently affected by the unseasonal weather of the past months. Please spare a prayer for our farmers and their harvests.



Climate change has been a major news story over the summer, and we have seen heart-breaking scenes as wildfires have engulfed Algeria, Australia, California and Greece. The tragic photographs and news footage from July's floods in China were also hard to watch. Flooding has also been a problem much closer to home, too, and perhaps you know, as I do, people affected by the recent flooding in London? A recent international report on the global environment declared 'Code Red', so we have a moral – and, for many of us, a Christian – duty to live more sustainably.

At the point of writing this, in mid-August, the shoe shops and stationers are already promoting their 'back to school' ranges and there is the hope of a much more normal school year ahead. Please, Lord, may that be so. September is a month for new starts, as pupils move up to the next class or adjust to the new routines and environments of a new school, college or university. Warm wishes to all our local children and young people.

Each of our churches is now open again, daily, for visitors and private prayer, and the calendar for the autumn is getting busier. The All Hallows Car Boot Sale returns to the Recreation Ground from 9.30am on Saturday 4 September, with bacon butties, coffee, cakes and a raffle. The proceeds will support the church tower and clock. Later in the Autumn we look forward to Carmen's re-arranged International Food Fest (6th October) at Tillington Village Hall. All Hallows will host the UK Forces Veterans Show Band on Saturday 16 October (look out for details and book early to avoid disappointment) and I hope that our villages will support the Upwaltham Barns Harvest Supper on the following day.

We have some plans for the improvement of our churches in Duncton and Tillington in the coming months and are now preparing faculty applications. At Duncton, we should like to add a touch of elegance to the churchyard entrance by adding a gated arch, while at Tillington we are looking to upgrade our audio-visual provision and electrify the church clock. We seek your encouragement and support as we try to emphasise the 'fun' in 'fundraising'.

In friendship, David

FROM THE REGISTERS

ALL HALLOWS, TILLINGTON

Baptisms: 30 July Winifred Dixon and 8 August Jude Johnson

Weddings 24 July Sophie Smith and William Lewis

24 August Sophie Payne and James Donaldson

Interment of ashes: 25 August Alan Dormer and 28 August Jacqueline White

Thanksgiving Service 5 August David Little

HOLY TRINITY, DUNCTON;

Renewal of vows (50 years) 15th July Helen and Nigel Clifford

ST MARY'S UPWALTHAM

Baptism: 31 July Frederick Bates

There is a thanksgiving service for the life of Beryl Wakefield on Friday 17th September at 12 noon at All Hallows, Tillington. Beryl and her husband lived in Upperton for many years. The family have asked that people do not wear black.

**All Hallows, Tillington
Come and join us for
Our Informal Breakfast Church
On Sunday September 5th
At 9.30. Bacon butties from 9.00.**



NOTICE BOARD

*Send your notices to
3parishesmagazine@gmail.com, headed Notice Board.
The Tillington and Duncton Facebook pages have proved useful
for some of us - use these as well.*

INTERNATIONAL FOOD FEST

Friday 8th October 7.00pm

Tillington Village Hall

An invitation to you all to come along for an evening of fun to sample
an array of dishes from around the world.

A date to put in your diaries: Please bring your own drinks.

Ticket Price: £10 adults, £5 children under 10

Tickets can be purchased from

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All proceeds to Church funds

INTERNATIONAL FOOD FEST



MEN'S BREAKFAST



James Cooper will be speaking on the
wonderful work of the St. Wilfrid's Hospice, Chichester..
We will be back in the Village Hall on **Saturday September 4th**. at 8.15 for
8.30. Slap-up breakfast, thanks to our excellent cooks. All men welcome. No
booking necessary. Just turn up with £7 in your pocket. Gerald

*There will be a joint men and women's breakfast in December with a speaker
on Gilbert White of Selborne.*

WARM RED PESTO BEANS, ARTICHOKE AND ROCKET.

A vegetarian delight.

- 180g green beans,
- 60g sundried tomatoes
- 100g artichoke hearts, in a jar or from a deli
- 240g butter beans, drained and rinsed from a tin
- 2 tbsp red pesto
- 1 avocado
- 2 tsp balsamic vinegar
- 40g rocket ..rinsed
- 2 tsp pumpkin seeds
- 4 tsp olive oil

Signature Recipe

1. Trim **green beans**, cook in boiling water 4-5 minutes and drain. Put aside.
2. Chop **sundried tomatoes** in half and the **artichokes** in quarters.
- 3 Drain **butter beans** and rinse. Heat small pan with 1 tsp olive oil, add **butter beans** and **red pesto**, cook for 2 minutes, then add **sundried tomatoes** and **artichokes**. Cook for further 3 minutes, then season with sea salt and black pepper to taste. Add fresh herbs from your garden.
4. De-stone and peel **avocado**, then thinly slice.
5. Make dressing with 2tsp **balsamic vinegar** and 2-3 tsp of **olive oil**.
6. Serve the rocket topped with **green beans**, **avocado** and warm **butter bean mixture**, sprinkle over the **pumpkin seeds** and drizzle the **dressing** on top.
7. Eat with a fresh crusty baguette or sourdough.

This recipe comes from Mindful Chef, who provide boxes of food to your door, every week if wanted, all the ingredients arrive in good condition, with everything provided. They have a great range of healthy foods, with new flavours and complete instructions.

www.mindfulchef.com

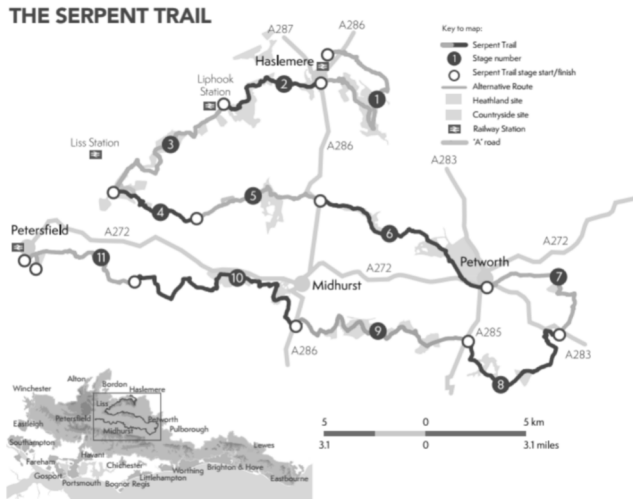
Shelley Fergusson

Can I tell you a vegan joke? I promise it won't be cheesy.

What car is a vegan's favourite? A Volks-vegan.

I met this woman today who said she recognized me from a vegan group, but I'd never meet herbivore.

DID YOU KNOW THAT THE SERPENT TRAIL PASSES THROUGH TILLINGTON?



The 65-mile Serpent Trail is a walking route designed to highlight the outstanding landscape, wildlife and history of the greensand hills.

It passes from River Common, Upperton to the All Hallows Church path, and then along to Petworth and through to Fittleworth. The serpent's head is in Haslemere and its tail is in Petersfield.

Don't be put off by its name, which reflects its twisting nature, taking in all the famous and threatened heathland sites - 9 in total - in the area.

Passing through purple heather, green woods and golden valleys, simply follow the Serpent Trail way marker discs to explore some of the most breathtaking countryside in the South East.

On the Trail you will see the beautiful and internationally rare lowland heath habitat, 80% of which has been lost since the early 1800s, often through neglect and tree planting on previously open areas. It has characteristic habitats of heathland, woodland, acid grassland and acid bogs.

Heathlands are a haven for some of Britain's rarest wildlife. They are home to all 12 of our native reptiles and amphibians. Children love it also as there are strange sculptures dotted around - such as the 'sheep pig' and the 'Lavington Lizard'. The lizard is just at the entrance to Lavington Common - between Duncton and Graffham. Ample car parking opposite the entrance.

I have placed copies of the new Serpent Trail Guide Books in our Information Centre - the old Telephone Box- next to the Horse Guards. Grab yourself a copy, or go to <https://www.southdowns.gov.uk/get-active/on-foot/serpent-trail/>

DESERT ISLAND DISCS



- 1 **With a Song in My Heart** – “Family Favourites” by Andre Kostelanetz and his Orchestra. To remind me of Sunday lunchtimes as a child.
- 2 **Killing Me Softly – Roberta Flack.** This always reminds me of my teenage years listening to a transistor radio.
- 3 **Transacord recording** of Merchant Navy class pacific locomotive number 35016 Elders Fyffes passing through Templecombe in July 1956 on the Atlantic Coast Express. I first became interested in steam railways at my grandmother’s house in Slinfold. You could see the railway line between Horsham and Guildford from her garden. <https://youtu.be/kq8VGkLF8hs>
- 4 **Little Brown Jug by Glenn Miller.** This was one of my mother’s favourite tracks.
- 5 **Rocking All Over the World by Status Quo.** It could be any track by Status Quo as long as it’s a noisy one.
- 6 **Waterloo Sunset by The Kinks.** Released in 1967. the same year steam ended at Waterloo Station.
- 7 **Leaving on a Jet Plane by John Denver.** Reminds me of a friend I lost a long time ago.
- 8 **Telstar by The Tornados.** No particular reason, just a track I have always enjoyed.

Book – Can I have a guide to the sky at night as there presumably will be no light at night and the stars will be very bright?

Luxury – A train set. Probably needs to be clockwork.

David Miles—David is the Treasurer for All Hallows Church and the Village Hall, and has been a Churchwarden.

CADENCE: A NEW VENUE IN UPWALTHAM

Cadence, to a cyclist, means the rate of revolutions of the pedal per minute or RPM. To the rest of us, it might mean a pleasant little stop off in Upwaltham for a really good cup of coffee. You don't have to be a cycling enthusiast to use the Cadence Cycle Hub but if you decide to give it a try at the weekend, you will very likely find yourselves rubbing shoulders with the guys and girls in lycra. But the Hub is open every day from 9 a.m to 4p.m so you could even grab a breakfast on the way to Chichester or park up and enjoy a quiet weekday sandwich lunch with or without one of their wicked home-made sausage rolls or cakes.



The Upwaltham Hub, with the other four Cadence Hubs, is sited to provide a welcome break and human refuelling stops at different points along the South Downs Way. At the other end of the chain, the Eastbourne Hub near the seafront offers e-bike rentals for those who are not mountain bike fanatics and want to take in the scenery without breaking sweat. Upwaltham is also hoping to offer a small fleet of electronic bikes for hire at some point, and like the other hubs will offer guided bike tours to take in local areas of interest. It should be a great family day out and a terrific new local amenity.

Keep your eyes open as you drive through Upwaltham. On the right before you reach St Mary's, you will see a banner rather unexpectedly saying "Café" at the entrance to Littleton farm. Turn in to the farmyard and head up the track to park up beyond the barns. Then walk back down to the main yard where you will find the hub. No designer décor or soft seating – just basic benches. Might not be the ideal place to take Granny – the Upwaltham Hub is probably a converted shipping container but take my word for it, this is the best coffee for miles around. Sorry, Petworth ! And the barristas are friendly and happy to chat.

They will refill your water bottles and there is even a Portaloo. The Upwaltham Hub is managed by cycling fanatic Charlie Worsley and supported by a team of equally mad cyclists, Mason, Marie and Louise. This Upwaltham bike and coffee combo deserves to succeed in the Covid era now we have learned to love outdoors even more and to appreciate what we have close to home.

Check out the website: <https://cadencecycle.club>

Sue Laker

The Glory of the Garden *by Rudyard Kipling*

Our England is a garden that is full of stately views,
Of borders, beds and shrubberies and lawns and avenues,
With statues on the terraces and peacocks strutting by;
But the Glory of the Garden lies in more than meets the eye.

For where the old thick laurels grow, along the thin red wall,
You'll find the tool and potting sheds which are the heart of all;
The cold-frames and the hot-houses, the dungpits and the tanks,
The rollers, carts and drain-pipes, with the barrows and the planks.

And there you'll see the gardeners, the men and 'prentice boys
Told off to do as they are bid and do it without noise;
For, except when seeds are planted and we shout to scare the birds,
The Glory of the Garden it abideth not in words.

And some can pot begonias and some can bud a rose,
And some are hardly fit to trust with anything that grows,
But they can roll and trim the lawns and sift the sand and loam,
For the Glory of the Garden occupieth all who come.

Our England is a garden, and such gardens are not made
By singing:- 'Oh how beautiful!' and sitting in the shade,
While better men than we go out and start their working lives
At grubbing weeds from gravel paths with broken dinner-knives.

There's not a pair of legs so thin, there's not a head so thick,
There's not a hand so weak and white, nor yet a heart so sick,
But it can find some needful job that's crying to be done,
For the Glory of the Garden glorifieth every one.

Then seek your job with thankfulness and work till further orders,
If it's only netting strawberries or killing slugs on borders;
And when your back stops aching and your hands begin to harden,
You will find yourself a partner in the Glory of the Garden.

Oh, Adam was a gardener, and God who made him sees
That half a proper gardener's work is done upon his knees,
So when your work is finished, you can wash your hands and pray
For the Glory of the Garden, that it may not pass away.
And the Glory of the Garden it shall never pass away!

SATURDAY 11TH SEPTEMBER

9.30 am– 12.30pm

Tillington Recreation Ground

Apply to Angela Gresham Cooke on
01798 342151 or 07876197961
or email *greshamcooke@gmail.com*
for details and booking



Thirty 'pitches' are available on the Tillington Recreation Ground on Saturday 11th September for our second fantastic Car Boot Sale. Each 'pitch' has room for a car and a space alongside to exhibit your wares.

The cost of each pitch varies:

Free... if you contribute all your proceeds to Tillington Church Clock Fund.

£10...if you contribute 50% of your takings to the Fund.

£15...if you wish to keep all your takings.

£20...if you take a chance on getting an unreserved 'pitch' on the day. NOT guaranteed.

Pitch holders can arrive after 8.00am. The Sale opens at 9.30am and ends at 12.30pm.

Signs will guide you to the Recreation Ground, and marshals will direct you to Free Parking.

There will be a refreshment tent, coffee, bacon butties etc., a cake stall, an amazing raffle and other excitements. Everyone is welcome. It is intended to be a fun event for all the community, with a simply amazing plethora of goods to browse through and purchase as you wish.

Monies raised from the Car Boot Sale will go to the Tillington Church Clock Fund.

HOLY TRINITY – THE OPEN DOOR

Holy Trinity never actually shut its doors during lockdown but without services, so much was missing for our congregation. We have missed seeing our neighbours, missed seeing the young people of the village (whether frogmarched to church by their parents or not) and missed being able to pray together.



How fortunate we are in our priest, David, whose organisational ability is bringing a new joy in sharing services with the churches of neighbouring parishes and who invited them all to Holy Trinity on Trinity Sunday, breathing life back in by filling the church once more.

Fortunate, too, for the kindness of Canon John Bundock for taking our BCP services and for his thoughtful sermons and friendship and interest in our parish. And huge appreciation for Malcolm Brinson who has played the organ again, which for too long was not heard, and to Ollie Hartley for mastering the machine that gives us music when the organ cannot be played. And how we enjoyed a gentle service led by Annie Sneller when she invited Neil Perrow to lead the singing – always such a joy to hear a beautiful voice.

Holy Trinity is coming back to life and the support we have had is so appreciated, not forgetting those who provide generous financial contributions to enable the door to remain open for people wanting a moment of quiet reflection as well as those who enjoy the beautiful church for baptisms, weddings and commemorating the lives of the departed. To all who come and all who support, let's keep the doors of Holy Trinity open. We needed our church more than many in the village realised.

Sue Laker



OPEN FOR BUSINESS—TILLINGTON

Tillington church is open for business once more. What business? You ask. Good question! The business of the church is to focus on faith. It is also to welcome all-comers, and to be a place of prayer in whatever form people find helpful. It's our job to try and make the love of God more accessible and help people with their longings and questions about spiritual things. At All Hallows we express it as 'Growing together in the love of Jesus Christ to serve others'.

At last, the doors are open all day and every day for sitting quietly, or praying. It is open for you to spend time in and to absorb the peace and to rest in the presence of God. If you're not sure about God, it's still a beautiful place to sit quietly and think about the things that matter to you. In the past, some mums with toddlers have called in to play with the toys and a have change of scene!

Some think of the church as primarily a building, but for those of us who make up the family of All Hallows, the church is really the people. We have not been closed for business! With phone calls, food bank volunteering, checking on vulnerable neighbours, helping with shopping, trips to the hospital, the church has played its part in this wonderful community, trying to minimise the loneliness and isolation of Covid-19.

We have been open for the business of prayer too. Many of you will have received an invitation on a postcard to ask us to pray for those you love, yourselves or a situation of concern. Please let us know if we can support you in this way. Put a prayer request in the post box at Church Cottage, or in the Prayer Book inside the church or contact us via the website or the Vicar at david.crook15@btinternet.com.

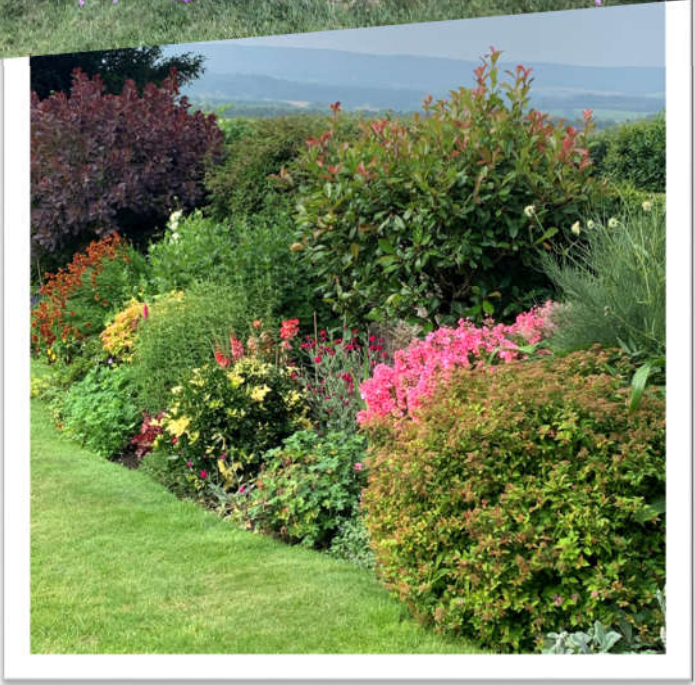
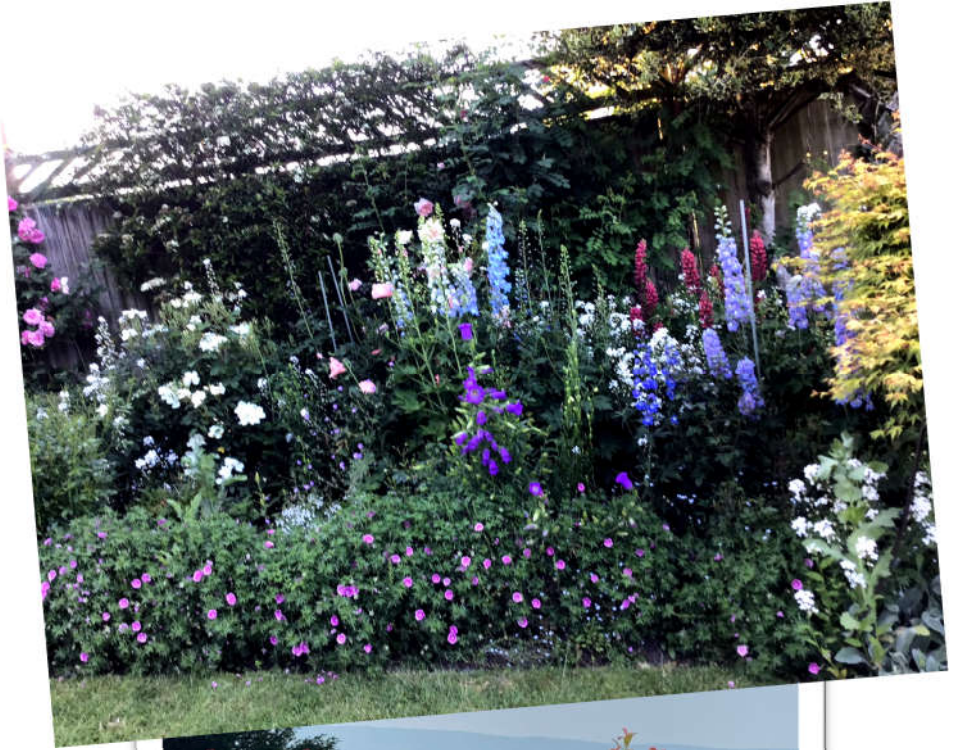
We are here for business as usual with weddings. There have been several joyful celebrations recently, after months and months of waiting. It has been wonderful to hear the wedding bells ring and to delight in the beautiful brides and their entourage. We've also had baptisms – offering a happy welcome into the church family. David Crook, our vicar, likes to have a few ducks in the font for squiggly toddlers.

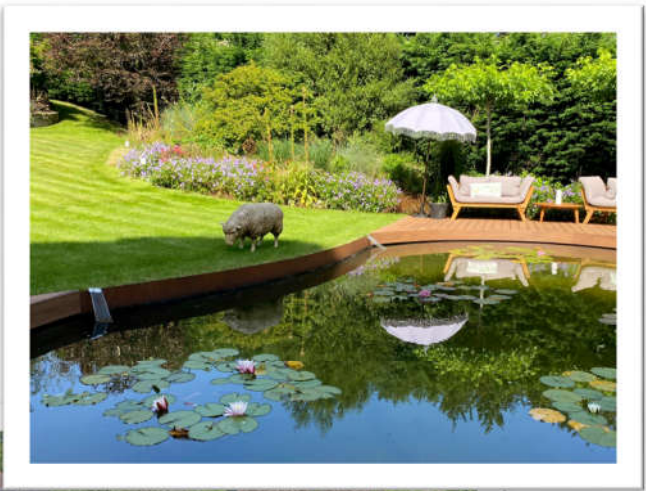
The Church has, of course, been open for funerals and farewells. We have been there for the agonizing times of loss, during this season of painful Covid induced isolation.

Looking forwards, we're getting the community ball rolling by having a Car Boot Sale on 11th September on Tillington Recreation Ground, starting at 9.30am. On 16th October at 7.30pm there will be a Concert, with the Big Band Sound, tributes to the greats of swing and beyond, in the Church, see the magazine for details. A great night out for the village.

Come and join us for the informal Breakfast Church held on the 1st Sunday of the month. There is something for all ages. You get breakfast, you get a warm welcome and it's very informal but we also like to give people something to think about. A focus on their faith. www.allhallowstillington.org

PHOTOS OF LOCAL GARDENS





ALL HALLOWS CHURCH, TILLINGTON, GU28 9AF
PRESENTS

UK
**Forces Veterans
Show Band**
Led by Ian Young

IN CONCERT

SATURDAY 16th OCTOBER 7.30pm

FEATURING FORMER MUSICIANS FROM HM FORCES
MUSICAL TRIBUTES TO: GLENN MILLER, DUKE ELLINGTON,
ACKER BILK, KENNY BALL & MANY MORE!

TICKETS £15/£10

CONTACT

01798 342151

OR

geraldgreshamcooke@gmail.com

ALL PROFIT TO SUPPORT CHURCH IMPROVEMENTS

GARDEN NOTES

Hot June, cold July, windy August, what else will the weather throw at us! However, it is a good time to make notes on what has survived in the garden especially in the strong winds, Day lilies, roses, petunias (with daily dead-heading), everlasting sweet peas, have all survived amazingly as well as the hydrangeas (except for 'Annabelle', so many stakes are needed). I have put giant Ammi and foxgloves together under a tree with Acidanthera bulbs, and Achillea 'The Pearl, the white flowers against the fresh green leaves of the bulbs look very fresh in late summer. I have a Botany Bay red rose climbing through the tree which flowers until autumn.

Lift and divide perennials and note those plants that would have benefitted from the Chelsea Chop, eg. sedums, sweet rocket, catmint. It is a year when plants have grown enormously!

Plant shrubs, trees, fruit bushes and perennials while the soil is still warm, and water well. Sow hardy annuals for next year such as cerinthe, scabious and cornflowers. Plant wallflowers, pansies and forget me nots (I plant these with bulbs so I know where they are). Wallflowers go so well in pots with tulips. Remember to order bulbs now, but plant tulips in late October when the soil is cold to avoid possible diseases like tulip fire. I put a collection of different coloured hyacinths on their own in an urn last year to great effect and they lasted well.

Green manure must be sown now; I used mustard seed in the vegetable garden last year which I will certainly do again. It adds nitrogen, improves soil structure and fertility. It is also good bye, neighbouring cats! Start sowing hardy varieties of broad beans and peas for early crops. (I forgot to sow broad beans last year and had a disastrous crop this year with the pigeons taking what there was anyway). Those planted in the autumn are so much stronger. Prune down to the base fruited canes of raspberries, tie in new canes to supports; summer-prune fruit trees.

Collect fallen leaves for leaf mould, a chicken-wire cage works well. I must clean out the greenhouse and pot up some Anemone de Caen and other small bulbs for early flowering, as well as Amaryllis to bring into the house in the spring. Prepared hyacinths can be planted now in the greenhouse too.
Happy Gardening!

Gillie Ross.

**TILLINGTON, DUNCTON AND UPWALTHAM
CHURCH SERVICES DURING SEPTEMBER 2021**

	All Hallows Church, Tillington	Holy Trinity Church, Duncton	St Mary's Church, Upwaltham
5 September 14th Sunday after Trinity	Breakfast Church at 9 for 9.30am		
12 September 15th Sunday after Trinity	Parish Communion at 9.30am	11am Family Communion	
Friday 17 11am	Thanksgiving Service for Beryl Wakefield at 11am	Family request- Please do not wear black	
19 September 16th Sunday after Trinity	BCP Holy Communion at 9.30am		Country Service at 11.30am
	Five-parish Evening Prayer online via Zoom at 6pm Please contact David to register for his weekly email with Zoom links.		
26 September 17th Sunday after Trinity	Morning Prayer and Praise 9.30am	BCP Holy Communion at 10.30am	

Day	Sidespeople and Readers (Tillington)
5th September 9.00 for 9.30am	TEAM
12th September 9.30am	Sidespeople: Geoff and Gill Pye Reader: Gill Pye
19th September (BCP) 9.30am	Sidespeople: Jenny and Nigel Williams Reader: Nigel Williams
26th September 9.30am	Sidespeople: Norma Graves and Viv Blunt Reader: Angela Gresham Cooke

Additional services in our group during September:

5 September: 9.30am Parish Communion at Fittleworth;
11am BCP Holy Communion at Stopham

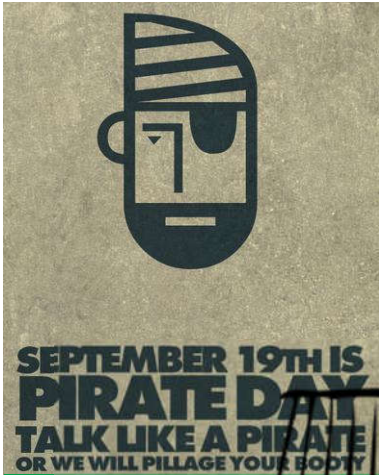
12 September: 8am BCP Holy Communion at Fittleworth; 9.45 (Breakfast) for 10.15am All-Together Service at Fittleworth; 6pm BCP Evensong at Stopham

19 September: 9.30am Parish Communion at Fittleworth;
11am BCP Holy Communion at Stopham

26 September: 9.30am Parish Communion at Fittleworth;
11am BCP Matins Service at Stopham

David Crook, Priest-in-Charge (david.crook15@btinternet.com; 01798 865473)

Kids' Pages



Lets go
Treasure
hunting

- Why are pirates called pirates? Because they arrrrr!

Why did the pirate buy an eye patch? Because he couldn't afford an iPad

- Why does it take pirates so long to learn the alphabet? Because they can spend years at C!





面?件



FIND
5
DIFFERENCES

SOLUTION



GEOCACHING MODERN TREASURE HUNT

It's huge fun and you may need an adult to help

If you need more activities to do when spending time together, consider geocaching. A worldwide game that involves everything from clues to camping, geocaching is a great way to spend some time outside, using your tech skills and tools like GPS, Google Search, the Geocaching app, and more, to find treasures hidden in the most unlikely places.

Geocaching is the world's largest treasure hunt. It's like a grown-up version of the beloved childhood pastime, except it's no joke. Geocaching is the *real deal*. The high-tech treasure hunt combines GPS tracking with outdoor adventure, and it's fun for all ages.

There are more than three million geocaches hidden all around the world in parks, trails, and urban areas.¹ In fact, there are probably some near you as you're reading this. But finding the box is only half the game.

First, you have to get the coordinates from the free geocaching app. Go to the app and put in your location. Discover caches near you and choose one to hunt for. Note the coordinates (or save to your smartphone or GPS).



2. Get outside! Find it? (full instructions on the website) Take something and put something else in. Jot down your note and leave your treasure. There are geocaches everywhere. We found our first geocache on the way home from school this winter. It was just 300m from our front door, tucked behind a fence on a public footpath.

If in doubt, google “geocaching! and a whole new world will open up!!

Please do be aware of the COVID virus and **sanitize your hands when handling the treasure.**

FIND THE TREASURE, BURY SOME TREASURE

Can you colour this in and find where the treasure is??



RIDE + STRIDE ON SATURDAY SEPT.11th

Each year, on the second Saturday in September, the annual sponsored Ride+Stride takes place between 9 am and 5 pm in East and West Sussex. This year it will happen on Saturday 11th September. Over 2,000 cyclists will be on the road raising money .

This great fun day out for all the family raises money for our church and the Sussex Historic Churches Trust which awards grants for the repair and maintenance of Sussex churches. All Hallows is a Grade 1 Listed Building. We are privileged but, of course, need funds to maintain it.

The event is fairly unique in that there is no fixed route – thus it encourages people to see the wonderful churches and chapels we have in the area and to explore parts of Sussex that they may not normally see. In Sussex there are over 600 churches involved, some of them almost a thousand years old. A large number of the churches provide refreshments which are freely available to those who take part.

Saturday September 11 is of course the Car Boot Sale on the Rec. I suggest that you come there first at 9.30, make your purchases and then go cycling. Two good deeds in a day!

You can either bicycle or walk to as many churches as you can manage.

Specimen route and sponsorship forms from me.

Gerald Gresham Cooke

01798 342151 Geraldgreshamcooke@gmail.com

NATIONAL HERITAGE OPEN WEEKEND

42 CHILDREN and A PRISON?

Is it really true that the 3rd Earl of Egremont had 42 children? Do you know where there is still a prison in Petworth? Or where is there a working mill in the Petworth area still producing electricity and flour?

Come and find out with a guided exploration of the streets of Petworth. Discover the rich history of this historic town - including the Leconfield Hall, Mrs Cumming's Cottage, Egremont Row and the ancient Lombard Street.

On the second Saturday of **September (11-12th)**, England's largest festival of history and culture is set to open its doors again. Over 30,000 properties will be open free of charge, for National Heritage Open Weekend. Here, in Petworth, it is celebrated with six heritage properties open, and free Walking Tours of the town.

Details of the whole event in the website <https://petworthcommunity.org/petworth-heritage/>

FORAGING IN BURTON PARK

Since coming to live on the edges of Duncton just over a year ago now, I have been delighted to find opportunities for foraging – and was so pleased to read in the May issue of “Three Parishes” about a possible wild garlic risotto. On that topic – I am still making the Lemon Drizzle cake from July-August 2020 – thank you!

First up last summer, was the wild mustard, which went on for months; eventually finding the last edible shoots in the shady places at the side of the big field above Trout Pond. As good as rocket for salads and, once the few garden plants of that had given out, the mustard far tastier than rather limp commercial rocket.

Then there were masses of windfall pears – in the end, we decided, best poached with chopped ginger and some soft brown sugar. OK too with cinnamon, and good ‘raw’ too, but it’s always difficult to catch pears at the right moment of ripeness, which only seems to last a few hours.

Blackberries were somewhat competitive to secure but again very tasty, poached briefly in the microwave and not needing much sugar. As always, delicious combined with poached Bramleys – those that we managed to eat before the birds. There were just a few wild raspberries around but not enough for a bowlful – only for eating on the hoof.

Late summer saw an amazing and very plentiful type of mushroom springing up. I triple checked its edibility with 3 different authorities. Then I fried some and tried a morsel tentatively, and finally ate the rest enthusiastically. It is distinguished by enormous flat heads and was rather chewy and somewhat indigestible but had a wonderful flavour. I’m told it is the Parasol and I am still alive to tell the tale. An expert friend says she dips it in egg and breadcrumbs and deep fries it.

I nearly missed the sweet chestnuts, as the squirrels got most of them first but found enough to simmer a good panful and extract the centres, with much effort. The eventual small bowlful was mashed up with a splash of brown rum and white vanilla sugar and of course a spoonful of cream (fromage frais would do). All those collected yielded only “Johnny Townmouse” amounts* but were quite delicious. Next year I **must** beat the squirrels. I have marked my trees for an early strike.

Later there were rowan berries – difficult to scavenge ahead of the birds though but we did find a couple of roadside trees that they had missed. These were thoroughly washed and made into a very good meat jelly, also using some of our own cooking apples, just prized away from the birds.

As this year's crop of apples looks to be so poor, due to the absence of bees in freezing May I'm told, I may have to forage for crab apples (spotted a few trees around).

Once we finally got to a *sort of* spring, the wild garlic (both the large, smooth leaf and the hairy small -eaf variety) were amazing and hugely plentiful. They were very tasty chopped up in salad or made into a pesto, which then provides a fine marinade. I'm told I can make a good soup too, adding frozen peas. But what I *have* tried this year is nettle soup, using tops of both basic young nettles and white deadnettles, plus some of that wild garlic. Delicious but it was quite hard work, with my Marigolds on, to pick them safely.

Needless to say I was the only one here brave enough to try – and enjoy – most of these. But some ,of course, were just slipped into various foods and seem to have found favour.....

Elderflower cordial. Now. anyone? .and time for blackberries again!.

Safety note: I check The Woodland Trust's month by month guide to foraging to see what I should be looking out for and what is safe to eat but haven't yet tried dandelion-root coffee.

*Beatrix Potter: "*Not much of anything but truly elegant*" or in this case, tasty , from "*The Tale of Johnny Town Mouse*".

Hillary Bauer



DEATH'S-HEAD HAWKMOTH
by Michael Blencowe of the Sussex Wildlife Trust

In August I was sent a photo of a giant caterpillar seen in an Iford garden. The colourful caterpillar, garish yellow with flamboyant blue chevrons and spots, was shuffling along on its stumpy legs like a miniature conga-line in search of a party. The caterpillar would have buried itself in some soft Sussex soil and, within its cocoon, would have undertaken an amazing transformation. Around November, a completely different beast will be emerging from the Iford earth and into the night skies; a moth. But, with a 12cm wingspan and ornate patterned wings, this is no ordinary moth. Its beauty should be admired and respected if it weren't for one small thing. Stamped on its thorax is the spectral image of an eyeless human skull, an eerie façade that has given it its name; the Death's-head hawkmoth.

The moth's baleful birthmark has, for centuries, struck fear into the hearts of superstitious humans who have seen it as a messenger of the Devil. And, according to legend, this rare moth seems to have put in regular appearances throughout history. Even learned naturalists once claimed that the moth was a "foretelling of war, pestilence, hunger, and death to man and beast." Legend has it that the appearance of a number of Death's-head hawkmoths signalled the start of the French Revolution in 1789. The moth appeared in the bedchamber of King George III; a visitation that allegedly tormented the crazed monarch and sped him to his demise in 1820.

The Death's-head's notoriety has continued to seep through the centuries in art and literature. It appeared prophesying doom in Thomas Hardy's 'Return of the Native' (1878) and was an instrument of evil in Bram Stoker's 'Dracula' (1897). In the surrealist film 'Un Chien Andalou' (1929) it gave life to Salvador Dali's nightmares. In 1968's English horror 'The Blood Beast Terror' Peter Cushing was on the trail of a monster that was half-woman and half-hawkmoth. In 1991 the moth was seen perching on the lips of Jody Foster on posters advertising 'The Silence of the Lambs'. In the film its cocoons were placed inside serial killer Buffalo Bill's victims as a grizzly calling card (the hawkmoths that actually appeared in the movie were a different species to the ones that appeared in the original story; only a minor point but it did ruin the movie for me somewhat).

Like all moths the Death's-head hawkmoth is harmless. It is a largely African species which some years undertakes an amazing migration north, arriving on extremely rare occasions in Sussex. Of course, its links to death and destruction are just superstitious claptrap. But with a Death's-head on the loose in Sussex this Autumn I'd keep your windows closed, just in case.



BACK TO SCHOOL

Test your knowledge of learning establishments (real or imagined) in our September Quiz.

1. The King's School, established AD 597, is considered to be the oldest extant school in Europe, In which English City is it to be found?
2. In which country is the University of Al Quaraouiyine , the world's oldest university, established in AD 859?
3. Which school of witchcraft and wizardry was attended by Harry Potter?
4. Which real life school is the setting for Tom Brown's School Days?
5. In which school, founded by Plato, did Aristotle study for 20 years?
6. Where are these four universities:



7. What is the name of the radio school which provides an education to the remotely-based children of the sparse Australian interior?
8. Where will you find The City Montessori School, the world's largest school, with over 52,000 students and more than 1,000 classrooms?
9. The cruel fictional Victorian school, Dotheboys Hall, features in which Charles Dickens novel?
10. The top 10 most expensive schools are in which European Country?

(answers on page 37)

THE HIGH SHERIFF WELCOMED TO TILLINGTON

The High Sheriff of West Sussex for 2021, Mr Neil Hart, visited Tillington on July 6th to thank TLC (Tillington Local Care) for all their voluntary help in the village.

As we were respecting social distancing, we entertained Mr Hart in the Village Hall car park. Not the most salubrious of settings, but the sun shone brightly. He met the TLC committee and other residents. He thanked us and all the drivers of TLC for the stupendous voluntary work that is carried out here.

We also gave him a trip to our lovely Grade 1 Listed Church. For 32 years, in his career as a Solicitor, he has passed the Church on his way to work, but never been inside.

He wrote afterwards. "You have all created such a strong sense of community spirit and support in Tillington, a model to be followed by other villages in West Sussex".

Gerald Gresham Cooke Hon. Sec. TLC

RAINFALL FOR JUNE AND JULY 2021

Year	Month		Year Total
	June	July	
2021	120mms	123mms	574mms
2020	44mms	26mms	379mms
2019	91mms	55mms	354mms
2018	9mms	50mms	527mms
2017	50mms	112mms	508mms
2016	58mms	23mms	528mms

So far this month (15th August) we have had 71mms of rain and sadly, for many farmers, at just the wrong time for the harvest. .

John Mayes, Haymarsh 01798 368345

I'VE STARTED SO I'LL FINISH...

The recent news that John Humphrys was stepping down as question-master of BBC's *Mastermind* reminded me of my own brief moment of TV fame, in 2003, when the quiz show returned to the screen after a few years away.

As I was always being that annoying person shouting answers at TV quiz shows, when a poster appeared at work looking for *Mastermind* contestants, the family told me it was time to 'put up or shut up'. I duly filled in the application form and waited. In addition to my preferred specialist subject (the life and work of Laurie Lee), two further subjects had to be nominated for the later stages.

Finally a call came from a BBC researcher, who asked some background questions but gave no hint if I had been accepted. This happened a second time (clearly the purpose was to filter out time wasters) but this call ended by advising that the next stage would be a telephone general knowledge test. This came through one early evening when I was still at work and the researcher reeled off twenty pot-luck questions. I felt fairly confident in about half my answers, but the main purpose wasn't the score but to ensure I wouldn't embarrass myself on the show. The most amusing moment was the last question, 'which city hosted the last (2002) Men's FIFA World Cup Final?'. Despite working for a company that sponsored the England team I couldn't remember the answer so started rustling in a filing cabinet to find it before realising this was obvious cheating, so guessed instead (it was Yokohama).

Shortly afterwards the invitation to Granada Studios in Manchester arrived, along with joining instructions including a long list of what not to wear. My extensive collection of hot pants and striped shirts were a no-no apparently. The day arrived and, at the Studio entrance, I joined a long queue of people. Getting to the front I discovered they were queuing for *Mastermind*, I hadn't realised there would be a live audience! They were also queues for fans for *Coronation Street* but as my knowledge of that show ended when Ena Sharples and Albert Tatlock left I was less excited about that. Initially whisked into Hair and Make-up (a lost cause!), it was then into the Green Room where I chatted briefly to Mr Humphrys, who was very cordial. But I could see with every question he pierced you with the gaze that politicians came to dread!

The other nervous moment came on set when we rehearsed the opening title sequence. You had to look to your nominated camera whilst the familiar booming theme tune reverberated round the studio. This had a decidedly unsettling effect on my stomach. This was now for real, no backing out. In fact we all had to practice walking up to, and sitting in, the big black chair before filming proper started. Several people had previously frozen rigid or tripped over

Once the show was under way it all passed by in a blur. After the small introductory chat with John Humphrys, genuinely unscripted, off we went. The only pause came in the general knowledge round when, asked ‘what number is 1 followed by 100 zeros?’, I thought it was ‘googol’ but the noise that came out of my mouth sounded more like the well-known search engine! The recording was stopped and I was asked to repeat my answer. I tweaked it a little and John took a call in his earpiece to say ‘answer accepted’ and the recording re-started. A bit lucky.

So what was the result? I came 2nd in my heat with 13 points in the specialist subject and 11 in general knowledge, and lost by 2 points. Nowadays I tell people it was the best result, suffering no disgrace but not having to go through the pain again in a semi-final. But secretly I wanted to win.

So, to quiz lovers out there, why not give it a go when Clive Myrie takes the helm for the next series? Email mastermind.lth@hattrick.com. Pick subjects that are narrow in scope as you will need to do plenty of revision. But it’s a great experience and all purely for the honour, no prize money. In a postscript to my appearance, a few weeks later the chap who came behind me in 3rd place appeared on ‘*Who Wants to be a Millionaire*’ and won £250K. He offered to help me get on that show (for a consideration!) but my day out on *Mastermind* was more than enough for me.

Chris Phillips

Golda Meir



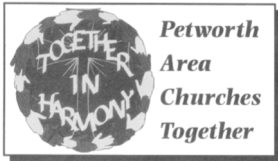
One cannot and must not try to erase the past merely because it does not fit the present.



So remember to look up at the stars
and not down at your feet. Try to
make sense of what you see and
hold on to that childlike wonder
about what makes the universe
exist.

— Stephen Hawking —

AZ QUOTES



Petworth Area Churches Together *working together in harmony*

Over the past two months the PACT Food Bank has made a regular monthly food box (or boxes) delivery to 48 families - approximately 80 boxes per month. UK Harvest provide us with fresh fruit and veg, as they are able, and this is distributed with the boxes.

This is a mammoth task for our team - not just delivering, but collecting the sorted food from Chichester (up to a quarter of a ton of it per week), and also packing the boxes. As usual our volunteers have responded magnificently, even though we have two of our regular active volunteers off sick.

At present we are also packing Kids Lunch Packs (KLP), which we will deliver over the next four weeks, two KLPs per child, to cover the 6 weeks school holidays. The KLPs are being packed by two 15-year-olds, as part of the Duke of Edinburgh's Award Scheme. We are extremely grateful for their help.

Advance Notice: Autumn Lecture on Friday October 15th at 7.30pm – with Nola Leach, Chief Executive of CARE (Christian Action Research and Education). CARE works at the coalface helping Parliament to make ethical decisions.

<https://petworthareachurchestogether.com/>

PETWORTH & DISTRICT OVER 60S CENTRE – **The Friendship Centre – September 2021**

In September we will continue to open the Centre, Monday to Thursday 10 am to 12 noon with currently no afternoon opening. We would still like you to wear a mask on entering and assume you will be double jabbed, and use the sanitiser provided. The minibus will be available on Tuesday mornings if you need transport

There will be Bingo sessions; look out for the notice in the Centre, minibus available.

We will only be able to open in the afternoons if our helpers are willing to return so could you please phone Maureen Purser on 343102 to confirm the dates you are happy to go on the rota – no helper, no opening.

Obviously if restrictions are re-imposed we will need to alter these plans.

Caroline Stoneman – House Committee Chairman (01798) 342942

THE PARISHIONERS OF ST MARY THE VIRGIN, UPWALTHAM

Invite you to their Harvest Thanksgiving Service
on

Sunday 17th October 2021

followed by a

Harvest Celebrations Lunch at the Upwaltham Barns, GU28 0LX

Tickets £20pp
(raising funds for the church)



RSVP by 1.10.21

Sue Kearsey
suekearsey39@gmail.com
01798343145

*11.30am Church Service
1.00pm Harvest Lunch
+ bar and raffle*

Can I encourage you to come to this wonderful thanksgiving, a wonderful occasion and joyous celebration? We have gone for the last few years, obviously not last year, and it's been lovely. The church is full to bursting and beautifully decorated. so get there in good time. You can leave the car in the Barns car park and walk across, take care over that road please£

This Godly service really reminds one of the goodness of God in the harvest and fruits of October. It is followed by a sumptuous lunch and you will meet half of West Sussex! (So not everyone makes it to the service!) There is a fully stocked bar, amazing food, puds and cheese board and then, drum roll, the raffle! The raffle is endless with most people winning something as there are so many prizes.

This year, I think that a very lovely little painting of the church done by Suzannah Hill will be auctioned.

So come, either on your own, or bring some friends but, remember to book-in with Sue by 1st October. Angela Gresham Cooke



LAVINGTON PARK FEDERATION

GRAFFHAM CE INFANT AND DUNCTON CE JUNIOR SCHOOLS

The end of a busy year and looking forward to the next.

We celebrated the end of the summer term 2021, in rather altered style. We were able to say farewell and good luck to our amazing Year 6 children at Duncton Juniors. They shared their memories of their time at our schools and sang, danced and joked their way through an uplifting performance on the school field, in front of their parents. It was wonderful to finally be able to invite these parents, who have supported us for so many years, to a socially distanced assembly. We wish these amazing young people every success at their secondary schools.

This year has been a challenge; but we have also learnt how important community and kindness are to our ethos as a Federation. The support, encouragement and understanding of our parents, governors, members of the churches and community have been vital to the wellbeing and success of the last year. Our staff across both schools have gone above and beyond in every way, to support each family whether in lockdown or in school, and great thanks from everyone must go out to them.

Finally, we say a huge thank you to Mrs Marie Bracey, who was thanked for her 9 years as Chair of Governors of our Federation. She was given a beautiful painting by our inspirational art teacher, Dominique Kenway, as a thank you gift from staff and Governors. Thank you very much, Marie, you will be much missed.

We welcome new children to both schools this September, and 20 new Reception children to Graffham CE Infants! We hope for a calmer and more settled school year.

For more information about our schools, please see our Facebook page 'Friends of Graffham and Duncton' and our website <https://graffhamanddunton.w-sussex.sch.uk/>

Contact office@graffhaminfant.org.uk or office@duntonjunior.org.uk if you are interested in supporting or looking round our schools as prospective parents.

Helen Martin Headteacher



Answers to School Quiz. p30

1. Canterbury. 2. Morocco. 3. Hogwarts. 4. Rugby. 5. The Academy. 6. Harvard (Massachusetts); Oxford; Padua (Italy); Moscow. 7. School of the Air. 8. Lucknow (India). 9. Nicholas Nickleby. 10. Switzerland.

CADENCE

Discover our cafe at Littleton Farm in Upwaltham

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The Arts Society West Sussex

We very much hope to welcome our members back to Fittleworth Village Hall for the September talk

**On Tuesday September 7th at 2pm
Antony Penrose will give a talk entitled
The Boy Who Bit Picasso**

Antony's entertaining account of Picasso's life began when he visited the Penrose family home, Farley Farm.

**At 2 pm on Tuesday October 5th Tony Rawlins
will give a talk entitled**

Mad Men and Artists

From the Renaissance to the present day, fine art has provided opportunities to enhance brand imagery in advertising with humour, admiration, satire and irony.

Non-members are welcome for £5

Please contact Jackie Buckler on 01903411086

or email westsussex@theartsociety.org www.theartsocietywestsussex.org

THE ARTS SOCIETY -SOUTH DOWNS

Wednesday 1st September 10.30 a.m Fittleworth Village Hall
PACKING UP THE NATION by CAROLINE SHENTON

As Hitler's forces gathered on the other side of the Channel to threaten these islands, men and women from London's national museums, galleries and archives forged extraordinary plans to evacuate their collections to safety. Utilising country houses from Buckinghamshire to Cumbria, tube tunnels, Welsh mines and Wiltshire quarries, a dedicated team of unlikely heroes packed up their greatest treasures during the sweltering summer of 1939, dispatching them throughout the country on a series of secret wartime adventures.

Wednesday 6th October 10.30 a.m Fittleworth Village Hall
POTS AND FROCKS THE WORLD OF GRAYSON PERRY
By **IAN SWANKIE**

Often controversial, Grayson Perry tackles difficult subjects in a poignant yet witty way and holds a mirror up to society. This talk will examine his work, his exciting and thought-provoking exhibitions, and the unique character inside the flamboyant frocks.

These talks are for Members, but if you are interested in a trial talk, please contact Jane Allison on 01798 813314 or jane@theallisonfamily.co.uk
www.theartsocietysouthdowns.org.uk

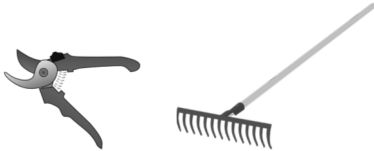
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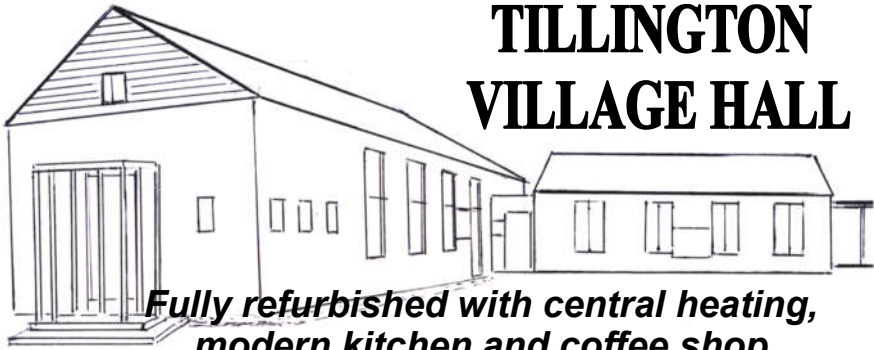
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